

## March 2024

AR Activity Room AL Throughout AL
CY Courtyard MC Memory Care
DR Dining Room
LR Living Room
SR Sitting Room
SR Sitting Room

✓ Leisure

← Physical ★ Social ➤ Spiritual

					Sitting Room	T V Leisule
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays: Carl 3/6 And Barbara 3/13				*All Activities Subject to Change	9:00 AL Fantastic Friday ➤ 11:00 AR Friday Fitness ← 11:30 AR Kickbalk ← 2:30 AR Ice Cream Social ← 3:00 AR Charlotte Catholic High Clubs Visit ← 6:00 CY After Dinner Walk ←	Early Voting Deadline 2 9:00 AL Social Saturday → 11:00 CY Walk With A Friend ← 2:00 LR Wine and Chees ← 3:00 SR Afternoon T ← 3:30 AR Community Games ← 6:30 SR News and Tea ★
9:00 AL Spiritual Sunday > 10:30 AR Church with Victory Christian> 10:30 LR St. Matthew's Service > 2:00 CY Get Some Fresh Ail 4:00 AL Community Games 6:00 AL Talk With a Buddy \$\Pi\$	9:00 AL Mindful Monday > 10:30 LR Bible Study with Jackie > 11:00 AR Exercise with T+ 11:30 AR What's Going On This Week? • 2:00 AR BINGO • 6:00 AL Catch Up With A Friend ★	2024 Primary Election Deadline  9:00 AL Terrific Tuesday ▶  10:00 LR Flower Arranging ♥  11:00 AR Sit and Get Fit—  2:00 AR Residents' Council  Meeting  3:00 CY Evening Stroll ←	National Oreo Cookie Day 9:00 AL Winning Wednesday 11:00 DR Magic Sho 2:00 AR Sit and Get Fit ← 2:30 AR Oreo Cookie Tasting ★ 4:00 LR Resident Led Bible Study Discussion 6:30 CY Chat Under The Stars	9:00 AL Thankful Thursday > 11:00 AR Sit and Get Fit ← 11:30 AR Balloon Bal ← 2:00 AR Plant Seeds for Spring ♥ 3:00 Feed the Birds ← 6:00 CY Stargazing ▼	International Women's Day 9:00 AL Fantastic Friday 11:00 AR Friday Fitness 11:30 AR Kickball 2:00 AR International Women's Day Celebration 3:00 AR Movie Club: Barbit 6:00 CY After Dinner Walk	9:00 AL Social Saturday > 11:00 AR Crafting with Marantha 2:00 LR Wine and Cheese * 3:00 SR Afternoon T\ 3:30 AR Community Games 6:30 SR News and Tea *
Daylight Savings Time Begins 10 9:00 AL Spiritual Sunday ▶ 10:30 AR Church with Victory Christian▶ 10:30 LR St. Matthew's Service▶ 2:00 CY Get Some Fresh AN 4:00 AL Community Game 7:00 AL 96th Academy Awards (Oscars)▼	9:00 AL Mindful Monday > 10:30 LR Bible Study with Jackie> 11:00 AR Exercise with Ty ← 2:00 AR BINGO 3:00 AR The Bingo Store ♥ 3:30 AR Oscar's Highlights ▼	9:00 AL Terrific Tuesday	St. Patrick's Family Night  9:00 AL Winning Wednesday  11:00 AR Sit and Get Fit  2:00 AR Wii Games  4:00 DR Family Night  6:00 AL Family Time  6:30 CY Chat Under The Stars	Pi Day  9:00 AL Thankful Thursday ➤ 10:30 DR Music with - David Domingo ♥  2:00 AR Sit and Get Fit ← 2:30 AR Pi Party  3:30 Al 1on1 Room Visits ♥ 6:00 Stargazing ▼	The Ides of March  9:00 AL Fantastic Friday ➤  11:00 AR Friday Fitness ←  11:30 AR Kickbalk ←  2:00 AR St. Patrick's Day Celebration ★  3:00 AR St. Patrick's Day Crafting ←  6:00 CY After Dinner Walk ←	9:00 AL Social Saturday > 11:00 CY Walk With A Friend ← 2:00 LR Wine and Chees ↑ 3:00 SR Afternoon T ↑ 3:30 AR Community Games ↑ 6:30 SR News and Teat
St. Patrick's Day 17 9:00 AL Spiritual Sunday ▶ 10:30 AR Church with Victory Christian▶ 10:30 LR St. Matthew's Service ▶ 2:00 CY Get Some Fresh Air ▼ 4:00 AL Community Games ★ 6:00 AL Talk With a Buddy ♥	9:00 AL Mindful Monday > 10:30 LR Bible Study with Jackie > 11:00 AR Exercise with T+ 11:30 AR What's Going On This Week? 2:00 AR BINGO 3:00 AR March Madness Brackets	1 1 1 3 3	9:00 AL Winning Wednesday ➤ 11:00 AR Sit and Get Fit ← 11:30 AR Balloon Bal ← 2:00 Mc Sing Along with Memory Care ★ 4:00 LR Resident Led Bible Study Discussio ► 6:30 CY Chat Under The Stars ▼	World Poetry Day 21 9:00 AL Thankful Thursday ▶ 11:00 AR Sit and Get Fit ← 11:30 AR Daily Chronicle News ● 1:30 LR Calvary Church Visit ▶ 3:00 AR German Club of Charlotte Catholic High Visit♥ 6:00 AL Read A Poem ●	9:00 AL Fantastic Friday ➤ 11:00 AR Friday Fitness ← 11:30 AR Kickbalk— 2:00 AR Monthly Birthday Party!★ 3:00 AR Wii Games 6:00 CY After Dinner Walk ←	9:00 AL Social Saturday ➤ 11:00 AR Crafting with Marantha  2:00 LR Wine and Cheese ★ 3:00 SR Afternoon T★ 3:30 AR Community Games ● 6:30 SR News and Te★
Palm Sunday 9:00 AL Spiritual Sunday > 10:30 Church with Victory Christian > 10:30 CR St. Matthew's Service > 2:00 Y Get Some Fresh Aim 6:00 AL Talk With a Buddy  Easter Sunday 9:00 Spiritual Sunday > 10:30 CR St. Matthew's Service > 2:00 Y Get Some Fresh Aim 6:00 AL Talk With a Buddy	9:00 AL Mindful Monday > 10:30 LR Bible Study with Jackie > 11:00 AR Exercise with Ty 2:00 AR BINGO 3:00 AR The Bingo Store ♥ 6:00 AL Catch Up With A Friend	9:00 AL Terrific Tuesday ➤ 10:00 LR Flower Arranging ♥	9:00 AL Winning Wednesday ➤ 11:00 AR Sit and Get Fit ← 11:30 AR Balloon Bak— 2:00 AR Spanish Vocabulary Lesson● 3:00 AR Easter Crafting ♥ 6:30 CY Chat Under The Stars ▼	MLB Opening Day 28  9:00 AL Thankful Thursday ▶  10:30 AR Sit and Get Fit—  11:15 AR Music Therapy with Queens U♥  2:00 DR Sam Smith Concert ♥  3:00 LR Cookies and a Chat ★  6:00 CY Stargazing ▼	Good Friday  9:00 AL Fantastic Friday  11:00 AR Friday Fitness  11:30 AR Kickbalk  2:00 AL Easter Egg Hunt  3:00 AL Easter Celebration  6:00 CY After Dinner Walk  4	March Madness Elite Eight 30 9:00 AL Social Saturday → 10:30 LR New Life Church Service → Wine and Cheese → 3:00 SR Afternoon TV → 3:30 AR Community Games 6:30 SR News and Tea ★



## March 2024

Shine Living Room
AL Living Room
AL Dining Room
Shine Dining Room
▼ Emotional

■ Mental
Music
← Physical
★ Social
★ Spiritual

					▼ Enlotion	ai i Spirituai
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul><li>irthdays</li><li>Anthony M-3/20</li><li>John Rea-3/26</li><li>Wanda S-3/6</li></ul>				Subject to Change Parallel Programming Are Always Available.	11:00 Balloon Bop 1:00 How Many Words?● 2:00 Cheese and wine social★ 3:00 Chair Aerobics← 4:00 ail Spa Day ♥ 6:00 Movie Night with Staff★	11:00 Family Time★  1:00 Sip and Chips★  2:00 Parachute with Me←  3:00 Aromatherapy♥  4:00 Sing with Me ↑  6:00 Evening Movie with  Friends
310:30 Saint Mathew's Church Service† 1:00 Sip and Chips★ 2:00 Music and Meditation ♥ 3:00 Aromatherapy♥ 4:00 Sing with Me† 6:00 Movie Night with Staff★	10:30 Bible Study with Jackiet  11:00 Exercise with Ty←  11:30 Exercise Babies←  1:00 Ice Cream Social with Friends★  3:00 Arts & Crafts♥  4:00 Story Creations★		10:00 Breathe and Meditate 11:00 Magic show 1:00 Kickball♥ 2:00 Coffee and chat 3:00 How Many Words? 4:00 Story Creations★	1:00 Parachute with Me 3:00 BINGO 4:00 Dance with Me 4:00 Sing with Me 6:00 Movie with Staff	11:00 Balloen Bop 1:00 How Many Words?● 2:00 International Women's Day ceremony★ 3:00 Chair Aerobics← 4:00 Nail Spa Day♥ 6:00 Movie Night with Staff★	11:00 Family Time★  1:00 Sip and Chips★  2:00 Parachute with Me←  3:00 Aromatherapy♥  4:00 Sing with Me+  6:00 Evening Movie with  Friends
10:30 Saint Mathew's Church Service† 1:00 Sip and Chips★ 2:00 Music and Meditation ♥ 3:00 Aromatherapy♥ 4:00 Sing with Me† 6:00 Movie Night with Staff★	10:30 Bible Study with Jackiet  11:00 Exercise with Ty  11:30 Exercise Babies  1:00 Ice Cream Social with Friends  3:00 Arts & Crafts  4:00 Story Creations  11		10:00 Breathe and Meditate 11:00 Devotionals 1:00 Kickball♥ 2:00 Coffee and chat 3:00 How Many Words?● 3:00 Men's Social★ 4:00 Story Creations★	10:30 David Domingo Concert★ 1:00 Parachute with Me← 3:00 BINGO 4:00 Dance with Me● 4:00 Sing with Me † 6:00 Movie with Staff♥	15 11:00 Balloon Bop 1:00 How Many Words?● 2:00 Cheese and wine social★ 3:00 Chair Aerobics← 4:00 Nail Spa Day ♥ 6:00 Movie Night with Staff★	11:00 Family Time★ 1:00 Sip and Chips★ 2:00 Parachute with Me← 3:00 Aromatherapy♥ 4:00 Sing with Me† 6:00 Evening Movie with Friends
0:30 Saint Mathew's Church Service† 1:00 Sip and Chips★ 2:00 Music and Meditation ♥ 3:00 Aromatherapy♥ 4:00 Sing with Me† 6:00 Movie Night with Staff★	10:30 Bible Study with  Jackie†  11:00 Exercise with Ty ←  11:30 Exercise Babies ←  1:00 Ice Cream Social with  Friends ↑  3:00 Arts & Crafts ♥  4:00 Story Creations ★	1:00 Spa Day ♥	10:00 Breathe and Meditate 11:00 Devotionals 1:00 Kickball♥ 2:00 Sing along with AL 3:00 How Many Words?● 4:00 Story Creations★	1:00 Parachute with Me  3:00 BINGO  4:00 Dance with Me  4:00 Sing with Me †  6:00 Movie with Staff	10:30 New Life Church Servicet 11:00 Balloon Bop 1:00 How Many Words? 2:00 Birthday Party★ 3:00 Chair Aerobics← 4:00 Nail Spa Day♥ 6:00 Movie Night with Staff★	11:00 Family Time★ 1:00 Sip and Chips★ 2:00 Parachute with Me← 3:00 Aromatherapy♥ 4:00 Sing with Me † 6:00 Evening Movie with Friends
24 0:30 Saint Mathew's Church Service + 1:00 Sip and Chips 2:00 Music and Meditation  3:00 Aromatherapy 4:00 Sing with Me +  31 0:30 Saint Mathew's Church Service + 1:00 Sip and Chips 2:00 Music and Meditation  3:00 Aromatherapy 4:00 Sip and Chips 3:00 Aromatherapy 4:00 Sing with Me +	10:30 Bible Study with Jackiet  11:00 Exercise with Ty  11:30 Exercise Babies  1:00 Ice Cream Social with Friends  3:00 Arts & Crafts  4:00 Story Creations  4	10:30 Bob and His Saxophone 12:00 Friendly visit♥ 1:00 Spa Day ♥ 1:30 Kind KARMA Yoga 2:00 Tea Social★ 3:00 BINGO● 4:00 Puzzle me that● 6:00 Movie Night with Staff★	10:00 Breathe and Meditate 11:00 Devotionals 1:00 Kickball♥ 2:00 Coffee and chat 3:00 How Many Words?● 4:00 Story Creations★	1:00 Parachute with Me 2:00 Music with Samuel 3:00 BINGO 4:00 Dance with Me 4:00 Sing with Me 6:00 Movie with Staff	11:00 Balloon Bop 1:00 How Many Words?● 2:00 Vitrain Honor ceremony★ 3:00 Chair Aerobics← 4:00 Nail Spa Day ♥ 6:00 Movie Night with Staff★	11:00 Family Time★ 1:00 Sip and Chips★ 2:00 Parachute with Me← 3:00 Aromatherapy♥ 4:00 Sing with Me ↑ 6:00 Evening Movie with Friends