DR Dining Room OP Off Property * Social AR Activities Room In-Room Visit • Intellectual • Intellectual • Spiritual OS Outside • Leisure • Physical • Physical • Physical								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
Birthdays Margaret Czapla 3/05 Elizabeth Daggerhart 3/06 Nancy Harberson 3/11 Becky Tortorigi 3/12 Jerome Schwartz 3/21 Francis Barry 3/23 Mary Dorn 3/26 Myrtle Moore 3/30	Hello March	HAPPY	Happy- St. TRICKS P. DAVS March 17	SPRING	Peanut Butter Lover's Day 1 8:30 DR Coffee Hour★ 10:00 MO Sit and Be Fit Exercise ← 10:30 DP Walmart Trip▼ 2:00 CK Cooking Class: Peanut Butter No Bake Cookies★ 3:00 CK Happy Hour ★	2 9:30 OS Morning Stroll★ 1:00 AR Board Games ★ 2:30 AR PUZZLES AND CROSSWORD● 6:30 MD Movie: Julie and Julia★		
3 10:00 MD CHURCH SERVICE online 3:30 OS Afternoon Stroll 6:30 MD Evening TV Time▼	4 8:30 DR Coffee Hour★ 10:00 MD Sit and Be Fit Exercise← 2:00 AR Resident Council● 3:00 CK BINGO▼ 6:30 MD MOVIE: Marley and Me★	5 8:30 DR Coffee Hour★ 10:00 RM HEART 2 HEART ▼ 10:30 MD Daily Devotional > 1:30 AR Crafters' Corner▼ 3:00 AR Canvas Painting▼	6 8:30 DR Coffee Hour★ 10:00 DR Bible Study w/ Perry ≫ 2:00 OP Scenic Ride (Lake Lure)★ 3:00 CK BINGO W/ Tennile ▼ 6:30 MD Evening TV Time ▼	7 8:30 DR Coffee Hout 10:00 RM Traveling Nail Spa ▼ 10:30 MD Daily Devotiona 2:00 CK Hot Herbal Tea Social 3:00 AR Crafters' Corne 6:30 MD MOVIE: The International	8 8:30 DR Coffee Hour★ 10:00 MD Sit and Be Fit Exercise← 10:30 OP Walmart Trip▼ 2:00 CK Cooking Class: Veggies & Dip★ 3:00 CK Happy Hour ★	9 9:30 OS Morning Stroll★ 1:00 AR Board Games ★ 2:30 AR PUZZLES AND CROSSWORD● 6:30 MD Movie: King Creole★		
Daylight Saving1010:00 MD CHURCH SERVICE online>3:30 OS Afternoon Stroll3:30 OS Afternoon Stroll6:30 MD Evening TV Time▼	11 8:30 DR Coffee Hour★ 10:00 MD Sit and Be Fit Exercise← 2:00 DR LIVE MUSIC w/ Tom Brown ★ 3:00 CK BINGO▼ 6:30 MD MOVIE: Tom Cruise: Mission Impossible 3★	12 8:30 DR Coffee Hour★ 10:00 RM HEART 2 HEART ▼ 10:30 MD Daily Devotiona 1:30 AR Crafters' Corne 3:00 OS Tea Party (Outdoor Patio on "A" Hall) ▼	13 8:30 DR Coffee Hour★ 10:00 DR Bible Study w/ Perry > 11:30 OP Golden Corra 3:00 CK BINGO W/ Tennile ▼ 6:30 MD Evening TV Tim	14 8:30 DR Coffee Hour★ 10:00 RM HEART 2 HEART ▼ 10:30 MD Daily Devotional 2:00 CK Hot Apple Cider Social★ 3:00 AR Crafters' Corner▼ 6:30 MD MOVIE: The Air Force Story★	15 8:30 DR Coffee Hour★ 10:00 MD Sit and Be Fit Exercise← 10:30 OP Walmart Trip▼ 2:00 CK Cooking Class: St. Patrick's Day Milkshake★ 3:00 CK Happy Hour ★	16 9:30 OS Morning Stroll★ 1:00 AR Board Games ★ 2:30 AR PUZZLES AND CROSSWORD● 6:30 MD Movie: Western: Eagle's Wing★		
 Happy St. Patrick's Day 17 10:00 MD CHURCH SERVICE online ➤ 2:00 DR Church Service in Dining Room ➤ 3:30 OS Afternoon Stroll 6:30 MD Evening TV Time ▼ 	18 8:30 DR Coffee Hour★ 10:00 M2 Sit and Be Fit Exercise 2:00 DR Dining Committee ● 3:00 CK BINGO 6:30 MD MOVIE: Ocean's Thirteen★	19 8:30 DR Coffee Hout 10:00 RM HEART 2 HEART ▼ 10:30 MD Daily Devotional 1:30 AR Crafters' Corner ▼ 3:00 MD Short Storie	20 8:30 DR Coffee Hour★ 10:00 DR Bible Study w/ Perry > 2:00 OP Down Town Walk★ 3:00 CK BINGO W/ Tennile ▼ 4:00 DR BIRTHDAY CELEBRATION ★ 6:30 MD Evening TV Time▼	21 8:30 DR Coffee Hour★ 10:00 RM HEART 2 HEART ▼ 10:30 MD Daily Devotional 2:00 CK Hot Chai Tea Social★ 5:00 DR Family Night Dinner▼ 6:30 MD MOVIE: 007: The World is Not Enough★	22 8:30 DR Coffee Hour★ 10:00 MD Sit and Be Fit Exercise← 10:30 OP Walmart Trip▼ 2:00 CK Cooking Class: Sugar Cookies★ 3:00 CK Happy Hour with Savannah★	23 9:30 OS Morning Stroll★ 1:00 AR Board Games ★ 2:30 AR PUZZLES AND CROSSWORD● 6:30 MD Movie: Chitty Chitty Bang Bang★		
24 10:00 MD CHURCH SERVICE online > 3:30 OS Afternoon Stroll 6:30 MD Evening TV Time ▼ Happy Easter! 31 10:00 MD CHURCH SERVICE online > 12:00 AR Easter Handouts + Daily Devotional > 3:30 OS Afternoon Stroll 6:30 MD Evening TV Time ▼	25 8:30 DR Coffee Hour★ 10:00 MD Sit and Be Fit Exercise← 2:00 DR Campfire Songs w/ David★ 3:00 CK BINGO▼ 6:30 MD MOVIE: My Fair Lady★	26 8:30 DR Coffee Hour★ 10:00 RM Traveling Nail Spa▼ 10:30 MD Daily Devotional 1:30 AR Crafters' Corner▼ 3:00 AR Canvas Painting▼	27 8:30 DR Coffee Hour★ 10:00 DR Bible Study w/ Perry > 2:00 OP Shark Lab★ 3:00 CK BINGO W/ Tennile ▼ 6:30 MD Evening TV Time▼	28 8:30 DR Coffee Hour★ 10:00 RM HEART 2 HEART ▼ 10:30 MD Daily Devotional 2:00 CK Hot Coffee Social★ 3:00 AR Dyeing Eggs for Easter▼ 6:30 MD MOVIE: Annie★	29 8:30 DR Coffee Hour★ 10:00 MD Sit and Be Fit Exercise← 10:30 OP Walmart Trip▼ 2:00 CK Cooking Class: Strawberries with Cream Cheese★ 3:00 CK Happy Hour ★	30 9:30 OS Morning Stroll★ 1:00 AR Board Games ★ 2:30 AR PUZZLES AND CROSSWORD● 6:30 MD Movie: John Wayne: Stagecoach Run★		

TerraBella H E N D E R S O N V I L L E

March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HELO	March 17th St. Patrick's Day	March 31st	March 1st- Employee Appreciation Day March 3rd- Caregiver Appreciation Day March 5th- Multiple Personality Day March 5th- Oreo cookie day March 14th- Popcorn Lovers Day	Spring	1 10:00 LR Improve Balanc 10:30 DR Snack and Beverage with Daily Chronicle 1:00 AL Strolling 3:00 DR Crafts 6:00 DR Baking ♥	2 10:00 LR Morning Exercise ← 10:30 DR Snack and Beverage with Daily Chronicl 11:00 DR Guessing Game ● 2:00 LR Sing Alon 3:00 DR Bingo ★ 6:00 LR Movie with Popcorn and Beverage
3 10:00 LR Morning Stretch ← 10:30 DR Snack and Beverage with Daily Chronicle★ 1:00 DR Musical Instruments ▼ 3:00 DR Bingo★ 6:00 LR Movie with Popcorn and Beverage ♥	4 10:00 LR Senior Chair Exercise 10:30 DR Snack and Beverage with Daily Chronicle★ 2:00 DR Ring Toss ← 3:00 Hallway Bowling ← 6:00 LR Noodle Ball ←	5 10:00 LR Move and Groove ← 10:30 DR Snack and Beverage with Daily Chronicle ★ 2:00 DR Charade 2:30 DR Bingo ★ 3:30 Manicures ▼ 6:00 LR Movie & Popcorn ★	6 10:00 LR Senior Exercise 10:30 DR Snack and Beverage with Daily Chronicle ★ 11:00 DR Reminiscin 2:00 DR Fill in the Blank 3:00 DR Find The Object 6:00 DR Game Night ★	7 10:00 LR Morning Stretch ← 10:30 ØR Snack and Beverage with Daily Chronicle★ 1:30 LR Making Joyful Music 2:30 LR Senior Trivia ← 6:00 LR Evening Daydreams★	8 10:00 LR Improve Balance 10:30 DR Snack and Beverage with Daily Chronicla 11:00 LR Name Three 2:00 DR Detective Junk Drawer ★ 3:00 DR Crafts ▼ 6:00 DR Baking ♥	9 10:00 LR Morning Exercise ← 10:30 DR Snack and Beverage with Daily Chronicl 11:00 DR Guessing Game 2:00 LR Sing Along ★ 3:00 DR Bingo 6:00 LR Movie with Popcorn and Beverage
10 10:00 LR Morning Stretch ← 10:30 DR Snack and Beverage with Daily Chronicl ← 1:00 DR Musical Instruments Church AL Dining / Noodle Ball ← 3:00 DR Bingo ★ 6:00 LR Movie with Popcorn and Beverage ♥	11 10:00 LR Senior Chair Exercise ← 10:30 DR Snack and Beverage with Daily Chronicle 1:30 DR Rainting 2:00 DR Tom Brown Sing Along 3:00 Hallway Bowling 6:00 Sensory Ball Box ◆	12 10:00 LR Move and Groove ← 10:30 DR Snack and Beverage with Daily Chronicle ★ 2:00 DR Plant a Flowe 2:30 DR Bingo ★ 3:30 Manicures ▼ 6:00 LR Movie & Popcorn ★	13 10:00 LR Senior Exercise ← 10:30 DR Snack and Beverage with Daily Chronicle ★ 11:00 Name Five 2:00 DR Picture a Word ● 3:00 DR Find The Object ● 6:00 DR Game Nigh	14 10:00 LR Morning Stretch ← 10:30 DR Snack and Beverage with Daily Chronicle★ 1:30 R Making Joyful Music > 2:00 DR Puzzles● 2:30 DR Name Five● 6:00 R Evening Daydreams ★	15 10:00 LR Improve Balance ← 10:30 DR Snack and Beverage with Daily Chronicl ← 11:00 DR Finish the Phrase ● 1:30 AL Craft ← 3:00 DR Things that go Together ↓ 6:00 DR Baking ◆	16 10:00 LR Morning Exercise 10:30 DR Snack and Beverage with Daily Chronicla 11:00 DR Guessing Game 2:00 LR Sing Along 3:00 DR Bingo 6:00 ■ Movie with Popcorn and Beverage
17 10:00 LR Morning Stretch 10:30 DR Snack and Beverage with Daily Chronicle 1:00 DR Musical Instruments 3:00 DR Bingo 6:00 LR Movie with Popcorn and Beverage	18 10:00 LR Senior Chair Exercise 10:30 DR Snack and Beverage with Daily Chronicle ★ 2:00 NDR Ring Tos 3:00 Hallway Bowling ← 6:00 LR Noodle Ball ←	Spring Begins1910:00 LR Move and Groove ←10:30 DR Snack and Beverage with Daily Chronicle ★2:00 DR Working with Claff2:30 DR Binget 3:30 Manicures ▼ 6:00 LR Movie & Popcorn ★	20 10:00 IR Senior Exercise ← 10:30 DR Snack and Beverage with Daily Chronicl 11:00 DR Let's Talk About It ● 2:00 DR Monthly Birthday Party★ 3:00 DR Find The Object 6:00 DR Game Night★	21 10:00 LR Morning Stretch 10:30 DR Snack and Beverage with Daily Chronicle 1:30 LR Making Joyful Music 2:00 DR Ad Libs 5:00 AL Family Night Dinner ♥ 6:00 LR Evening Daydreams	22 10:00 LR Improve Balance ← 10:30 DR Snack and Beverage with Daily Chronicle 11:00 DR Poetry Reading 1:30 DR Crafts 3:00 DR Crafts 6:00 DR Baking ♥	23 10:00 LR Morning Exercise 10:30 DR Snack and Beverage with Daily Chronicla 11:00 DR Guessing Game ● 2:00 LR Sing Along 3:00 DR Bingo 6:00 LR Movie with Popcorn and Beverage
24 10:00 LR Morning Stretch ← 10:30 DR Snack and Beverage with Daily Chronicle★ 1:00 DR Musical Instruments ▼ 31 2:00 LR Church AL Dining / Noodle Ball ← 3:00 DR Bingo★ 6:00 LR Movie with Popcorn and Beverage♥	10:00 LR Senior Chair Exercise ← 10:30 DR Snack and Beverage with Daily Chronicle 1:30 DR Painting 2:00 DR Ring Toss ←	26 10:00 LR Move and Groove ← 10:30 DR Snack and Beverage with Daily Chronicle 2:00 DR Walk in the Garden 2:30 DR Bingo ★ 3:30 Manicures ▼ 6:00 LR Movie & Popcorn ★	27 10:00 LR Senior Exercise ← 10:30 DR Snack and Beverage with Daily Chronicle ★ 11:00 Name Five 2:00 DR Evening Funnies ▼ 3:00 DR Find The Object ● 6:00 DR Game Night★	28 10:00 LR Morning Stretch ← 10:30 DR Snack and Beverage with Daily Chronicle★ 1:30 Making Joyful Music 2:30 LR Name Five 4:00 LR Town Hall 6:00 R Evening Daydreams★	29 10:00 LR Improve Balance ← 10:30 DR Snack and Beverage with Daily Chronicle 11:00 DR I Spy 1:00 AL Strolling ← 3:00 DR Crafts ▼ 6:00 DR Baking ♥	30 10:00 LR Morning Exercise 10:30 DR Snack and Beverage with Daily Chronicle 11:00 Guessing Game 2:00 LR Sing Along 3:00 DR Bingo 6:00 R Movie with Popcorn and Beverage

Memory Care - Activities are subject to change

