## TerraBella F

## February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Paramy David Bark	*Black # #Black # #History * MONTH	1 9:00 FT Walking Club (Resident Led/ Count your steps) 10:00 TR Dice Exercises 10:30 CK Will the groundhog see his shadow? 11:00 CK Langston Hughes Poems 2:00 DH Music with Carol 6:30 FT Evening Stroll 7:00 DH Church Service	Greundhogs Day 2 9:00 FT Walking Club (Resident Led/ Count your steps) 10:00 DH Breakfast BINGO 10:30 CK Groundhogs Day 11:00 CK Morning News and Brain Games 2:30 TR Dice Exercises 3:00 GR Craft: Jewelry making 6:30 FT Evening Stroll	3 10:30 FT Brain Games 3:00 DH Music with Russell 4:00 FT Fun Facts Saturday 6:00 FT Table Games and Puzzle in Country Kitchen 6:30 FT Evening Stroll
	5 9:00 FT Walking Club (Resident Led/ Count your steps) 10:00 TR Dice Exercises 10:30 CK Famous Reds 11:00 CK Morning News and Brain Games 2:00 TR Make believe Monday(Magic Tricks) 2:30 TR Music Monday (songs of the heart) 6:30 FT Evening Stroll	6 9:00 FT Walking Club (Resident Led/ Count your steps) 10:00 TR Dice Exercises 10:30 TR Bird watching 11:00 CK Morning News and Brain Games 2:30 CK Chopsticks Day 3:00 GR Nail Care 6:30 FT Evening Stroll	<ul> <li>9:00 FT Walking Club (Resident Led/ Count your steps)</li> <li>10:00 TR Dice Exercises</li> <li>10:30 CK Name that Cereal</li> <li>11:00 CK Morning News and Brain Games</li> <li>2:30 OH BINGO</li> <li>3:30 CK Whats Happening?</li> <li>6:30 FY Evening Stroll</li> </ul>	8 9:00 /FT. Walking Club (Resident Led/ Count your steps) 10:00 TR Dice Exercises 10:30 CK Breakfast through the years 11:00 CK Morning News and Brain Games 2:30 TR Laughter Yoga 6:30 FT Evening Stroll	Chinese New Year 9 9:00 FT Walking Club (Resident Led/ Count your steps) 10:00 DH Breakfast BINGO 11:00 CK Chinese New Year Celebration 2:30 TR Dice Exercises 3:00 CK Crafts 6:30 FT Evening Stroll	10 10:30 FT Brain Games 4:00 FT Fun Facts Saturday 6:00 FT Table Games and Puzzle in Country Kitchen 6:30 FT Evening Stroll
Super Bowl1110:00 TR Church service (Spiritual Eldercare)2:00 FT Walking Club 3:00 FT Relax with Reading 6:00 CK Table games 6:30 TR Super Bowl	Oatmeal Day       12         9:00       FT       Walking Club (Resident Led/ Count your steps)         10:00       TR       Dice Exercises         10:30       CK       Oatmeal Monday         11:00       CK       Morning News and Brain Games         12:00       FE       Bingo and Lunch at the Sr Center         2:00       TR       Make believe Monday(6 word stories)         3:00       TR       Music Monday (songs of the heart)         6:30       FT       Evening Stroll	Mardi Gras 13 9:00 FT Walking Club (Resident Led/ Count your steps) 10:00 TR Dice Exercises 10:30 CK Steai My Beads 11:00 CK Morning News and Brain Games 2:00 DH Ice Cream Social with Med 3:00 GR Nail Care 6:30 FT Evening Stroll	Valentines Day 14 9:00 FT Walking Club (Resident Led/ Count your steps) 10:00 TR Dice Exercises 10:30 CK Whai's your love language? 10:00 CK Morning News and Brain Games 2:30 DH BINGO 3:00 DH Heart Happy Social 6:30 FT Evening Stroll	<ul> <li>15</li> <li>9:00 FT Walking Club (Resident Led/ Count your steps)</li> <li>10:00 TR Dice Exercises</li> <li>10:30 CK Lenten traditions</li> <li>11:00 CK Morning News and Brain Games</li> <li>2:30 FL Trip to Dollar General</li> <li>6:30 FT Evening Stroll</li> <li>7:00 DH Church Service</li> </ul>	16 9:00 FT Walking Club (Resident Led/ Count your steps) 10:00 DH Breakfast BINGO 11:00 CK Hippo Day and Games 11:00 FT Morning News and Brain Games 2:30 TR Dice Exercises 3:00 GR Bird feeder craft 6:30 FT Evening Stroll	17 10:30 FT Brain Games 4:00 FT Fun Facts Saturday 6:00 FT Table Games and Puzzle in Country Kitchen 6:30 FT Evening Stroll
Family Game Day1810:00 TR Church service (Spiritual Eldercare)2:00 FT Table Games with Families2:00 FT Walking Club3:00 FT Relax with Reading6:00 CK Table games6:30 FT Evening Stroll	Presidents Day       19         9:00       FT       Walking Club (Resident Led/ Count your steps)         10:00       TR       Dice Exercises         10:30       CK       Cracker Jack Day         11:00       TR       Resident Council Meeting         2:00       TR       Make believe Monday(two truths and a lie)         3:00       TA       Music Monday         6:30       FT       Evening Stroll		21 9:00 FT Walking Club (Resident Led/ Count your steps) 10:00 TR Dice Exercises 10:30 CK Sticky Bun Day (Baking) 11:00 CK Morning News and Brain Games 2:30 DH BINGO 3:30 CK In The News Today. 6:30 FT Evening Stroll	22 9:00 FT Walking Club (Resident Led/ Count your steps) <b>10:00 TR Dice Exercises</b> 11:00 CK Morning News and Brain Games 2:30 DH Taste Testing and Dining meeting with Tina 6:30 FT Evening Stroll	Flipping Flapjacks Friday239:00 FT Walking Club (Resident Led/ Count your steps)10:00 DH Breakfast BINGO11:00 TR Dice Exercises11:00 CK Morning News and Brain Games2:30 TR Movie: Leap Year 6:30 FT Evening Stroll	24 10:30 FT Brain Games 4:00 FT Fun Facts Saturday 6:00 FT Table Games and Puzzle in Country Kitchen 6:30 FT Evening Stroll
25 10:00 TR Church service (Spiritual Eldercare) 2:00 FT Walking Club 3:00 FT Relax with Reading 6:00 CK Table games 6:30 FT Evening Stroll	26 9:00 FT Walking Club (Resident Led/ Count your steps) <b>10:00 TR Dice Exercises</b> 11:00 CK Morning News and Brain Games 2:00 TR Make believe Monday(Fairy TaleTrivia) 3:00 TR Music Monday (Buddy Holly/Johnny Cash)) 6:30 FT Evening Stroll	27 9:00 FT Walking Club (Resident Led/ Count your steps) <b>10:00 TR Dice Exercises</b> 11:00 CK Morning News and Brain Games 3:00 GR Nail Care 6:30 FT Evening Stroll	28 9:00 FT Walking Club (Resident Led/ Count your steps) <b>10:00 TR Dice Exercises</b> 11:00 CK Morning News and Brain Games <b>12:00 Lunch out at Something</b> Different 2:30 DH BINGO 6:30 FT Evening Stroll	Leap Day! 29 9:00 FT Walking Club (Resident Led/ Count your steps) 10:00 TR Dice Exercises 11:00 CK Morning News and Brain Games 2:30 DH Leap Year Social and games 6:30 FT Evening Stroll	All Events Are Subject to Change	

FL Front Lobby

FT Free Time CK Country Kitchen DH Dining Hall GR Game Room TR Theater