

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30am TerraBella Sneakers 10:00am Workout with Julie 10:30am Coffee & Conversation 11:00am Test Your Knowledge 12:00pm New Years Day Lunch 1:30pm Hand & Foot 2:00pm Corn Hole 3:30pm Rummikub 4:00pm Sing Along with Friends 6:30pm Classic Movie Night  New Year's Day	9:30am TerraBella Sneakers 10:00am Fab & Fit 10:30am Coffee & Conversation 11:00am Resident Activity Meeting 2:00pm Happy Hour 2:00pm Mahjong 3:00pm St. Therese Catholic Church 3:00pm Creative Crafting 3:30pm Game Time 6:30pm Comedy Movie Night	9:30am TerraBella Sneakers 10:00am Workout with Julie 10:30am Coffee & Conversation 11:00am Word Serach 1:30pm Ice Cream Social 2:00pm The Good Time Band - Live 3:30pm Stroke of Color 3:30pm Kings in the Corner 4:00pm Sing Along with Friends 6:30pm Action Movie Night	9:30am TerraBella Sneakers 10:00am Fab & Fit 10:30pm Coffee & Conversation 10:30am Shopping Shuttle to Walmart 11:00am Word Search 2:00pm Belk 2:00pm Performance by David Domingo 3:30pm Bingo 6:30pm Hand & Foot 6:30pm Mystery Movie Night	9:30am TerraBella Sneakers 10:00am Workout with Julie 10:30am Coffee & Conversation 11:30am Golden Corral 2:30pm Bead Works 3:30pm Game Time 6:30pm Kings in the Corner 6:30pm Romance Movie Night	9:30am Music with Russell 10:00am Bible Study with Russell 11:00am Coffee & Conversation 11:30am Solve the Puzzle 2:30pm Bingo 3:45pm Circle of Friends 6:30pm Evening Movie
9:30am Morning Stretch 10:00am Non-Denominational Service 11:00am Coffee & Conversation 11:30am Word Search 2:00pm Circle of Friends 2:30pm Movie & Popcorn 3:30pm Game Time	9:30am TerraBella Sneakers 10:00am Workout with Julie 10:30am Coffee & Conversation 11:00am Test Your Knowledge 1:30pm Hand & Foot 2:00pm Corn Hole 3:30pm Rummikub 4:00pm Sing Along with Friends 6:30pm Classic Movie Night	9:30am TerraBella Sneakers 10:00am Fab & Fit 10:30am Coffee & Conversation 11:00am New Resident Meet & Greet 2:00am Happy Hour 2:00pm Mahjong 3:00pm St. Therese Catholic Church 3:00pm Creative Crafting 3:30pm Game Time 6:30pm Comedy Movie Night	9:30am TerraBella Sneakers 10:00am Workout with Julie 10:30am Coffee & Conversation 11:00am Word Search 2:00pm Ice Cream Social 3:00pm Stroke of Color 3:30pm Kings in the Corner 4:00pm Sing Along with Friends 6:30pm Action Movie Night	9:30pm TerraBella Sneakers 10:00am Fab & Fit 10:00am Shopping Shuttle to Target 10:30am Coffee & Conversation 11:00am Health Talk with Bayada 2:00pm Value Village 2:00pm Bingo 3:30pm Board Games 6:30pm Hand & Foot 6:30pm Mystery Movie Night	9:30am TerraBella Sneakers 10:00am Workout with Julie 10:30am Coffee & Conversation 11:30am Fusion Bowl 2:30pm Bead Works 3:30pm Game Time 6:30pm Kings in the Corner 6:30pm Romance Movie Night	9:30am Music with Russell 10:00am Bible Study with Russell 11:00am Coffee & Conversation 11:30am Word Search 2:30pm Bingo 3:45pm Circle of Friends 6:30pm Evening Movie
9:30am Morning Stretch 10:00am Non-Denominational Service 11:00am Coffee & Conversation 11:30am Solve the Puzzle 2:00pm Circle of Friends 2:30pm Movie & Popcorn 3:30pm Game Time	9:30am TerraBella Sneakers 10:00am Workout with Julie 10:30am Coffee & Conversation 11:00am Test Your Knowledge 1:30pm Hand & Foot 2:00pm Corn Hole 3:30pm Rummikub 4:00pm Sing Along with Friends 6:30pm Classic Movie Night  Martin Luther King Jr. Day	9:30am TerraBella Sneakers 10:00am Fab & Fit 10:30am Coffee & Conversation 11:00am Motivation with CenterWell 2:00pm Happy Hour 2:00pm Mahjong 3:00pm St. Therese Catholic Church 3:00pm Chair Massage with Lori, LPT 3:30pm Game Time 6:30pm Comedy Movie Night	9:30am TerraBella Sneakers 10:00am Workout with Julie 10:30am Coffee & Conversation 11:00am Word Search 2:00pm Ice Cream Social 3:00pm Stroke of Color 3:30pm Kings in the Corner 4:00pm Sing Along with Friends 6:30pm Action Movie Night	9:30am TerraBella Sneakers 10:00am Fab & Fit 10:00am Shopping Shuttle to Lowe's Foods 10:30am Coffee & Conversation 11:00am Word Search 2:00pm Dollar Tree 2:00pm Bingo 3:30pm Board Games 6:30pm Hand & Foot 6:30pm Mystery Movie Night	9:30am TerraBella Sneakers 10:00am Workout with Julie 10:30am Coffee & Conversation 11:30am Pomodoro's Italina Restaurant 2:30pm Bead Works 3:30pm Game Time 6:30pm Kings in the Corner 6:30pm Romance Movie Night	9:30am Music with Russell 10:00am Bible Study with Russell 11:00am Coffee & Conversation 11:30am Solve the Puzzle 2:00pm Art Class with Cindy 3:45pm Circle of Friends 6:30pm Evening Movie
9:30am Morning Stretch 10:00am Non-Denominational Service 11:00am Coffee & Conversation 11:30am Word Search 2:00pm Bingo 2:30pm Movie & Popcorn 3:30pm Circle of Friends 3:30pm Game Time  Activity Professionals Week	9:30am TerraBella Sneakers 10:00am Workout with Julie 10:30am Coffee & Conversation 11:00am Test Your Knowledge 1:30pm Hand & Floot 2:00pm Corn Hole 3:30pm Rummikub 4:00pm Sing Along with Friends 6:30pm Classic Movie Night	9:30am TerraBella Sneakers 10:00am Fab & Fit 10:30am Coffee & Conversation 11:00am Solve the Puzzle 2:00pm Happy Hour 2:00pm Mahjong 3:00pm St. Therese Catholic Church 3:00pm Creative Crafting 3:30pm Game Time 6:00pm Performance by Patrick	9:30am TerraBella Sneakers 10:00am Workout with Julie 10:30am Coffee & Conversation 11:00am Word Search 2:00pm Ice Cream Social 3:00pm Stroke of Color 3:30pm Kings in the Corner 4:00pm Sing Along with Friends 6:30pm Action Movie Night  Tu B'Shevat Begins	9:30am TerraBella Sneakers 10:00am Fab & Fit 10:00am Shopping Shuttle to Harris Teeter 10:30am Coffee & Conversatoin 11:00am Word Search 2:00pm Hobby Lobby 2:00pm Bingo 3:30pm Board Games 6:30pm Hand & Foot 6:30pm Mystery Movie Night	9:30am TerraBella Sneakers 10:00am Workout with Julie 10:30am Coffee & Conversation 11:30am Fresh Chef Kitchen 2:30pm Bead Works 3:30pm Game Time 6:30pm Kings in the Corner 6:30pm Romance Movie Night  Australia Day (Observed)	9:30am Music with Russell 10:00am Bible Study with Russell 11:00am Coffee & Conversation 11:30am Word Search 2:30pm Bingo 3:45pm Circle of Friends 6:30pm Evening Movie
9:30am Morning Stretch 10:00am Non-Denominational Service 11:00am Coffee & Conversation 11:30am Solve the Puzzle 2:00pm Circle of Friends 2:30pm Movie & Popcorn 3:30pm Game Time	9:30am TerraBella Sneakers 10:00am Workout with Julie 10:30am Coffee & Conversation 11:00am Test Your Knowledge 1:30pm Hand & Foot 2:00pm Corn Hole 3:30pm Rummikub 4:00pm Sing Along with Friends 6:30pm Classic Movie Night	9:30am TerraBella Sneakers 10:00am Fab & Fit 10:30am Coffee & Conversation 11:00am Solve the Puzzle 2:00pm Happy Hour 2:00pm Mahjong 3:00pm St. Therese Catholic Church 3:00pm Creative Crafting 3:30pm Game Time 6:30pm Comedy Movie Night	9:30am TerraBella Sneakers 10:00am Workout with Julie 10:30am Coffee & Conversation 11:00am Word Search 2:00pm Chef Demo 2:30pm Dining Council Meeting 3:00pm Stroke of Color 3:30pm Kings in the Corner 4:00pm Sing Along with Friends 6:30pm Action Movie Night	<div>January 2024</div> <div>TerraBella Lake Norman Assisted &amp; Independent Living</div>		

Activities are subject to change. Please refer to the daily sheet for updates.