


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>TERRABELLA SPARTANBURG ASSISTED LIVING</b> <b>SR- SUNROOM</b> <b>L- LIBRARY</b> <b>O- OUTING</b> <b>F- FOYER</b> <b>DR- DINING ROOM</b>			<b>BIRTHDAYS:</b> <b>Douglas H. 2/17</b> <b>Ruby B. 2/23</b> <b>Elaine 2/23</b>			
			<b>NATIONAL DARK CHOCOLATE DAY 1</b> 10:00 Sit N Stretch (SR) 10:30 Walmart Shopping (O) 3:00 Bingo (SR) 4:00 Checkers (SR) 6:00 Chat w/ Friends (F)	<b>NATIONAL GROUNDHOG DAY 2</b> 10:00 Prayer Circle (SR) 10:30 Fit Fun (SR) 11:00 <b>Resident Activity Plan Meeting (SR)</b> 2:00 Popcorn N Coke Social (SR) 4:00 Bible Study (SR) 6:00 Movies After Dark (SR)	<b>NATIONAL BUBBLE GUM DAY 3</b> 10:00 Coffee N Conversations (SR) 10:30 Fancy Nails (SR) 2:00 Bingo (SR) 4:00 Monopoly (SR) 6:00 Resident Choice (SR)	9:30 Sit N Stretch (SR) 4 10:30 Daily News (L) 2:00 Puzzle Fun (SR) 4:00 Visit A Neighbor (F) 6:00 Saturday Night Movie (L)
9:30 Stretch It Out (SR) 5 10:30 Daily News (L) 2:00 Sunday School (SR) 4:00 Card Game (SR) 6:00 Western Movies (L)	10:00 Mocha Monday (SR) 6 10:30 Movin N Groovin (SR) 2:00 Bingo (SR) 4:00 Bible Study (SR) 6:00 Visit w/ Friends (F)	10:00 Balloon Toss (SR) 7 10:30 Fit Fun (SR) 11:00 Mel's Health Ed. (SR) 2:00 In Black History Trivia (SR) 4:00 Monopoly (SR) 6:00 Listening to Music (F)	10:00 Sit N Stretch (SR) 8 10:30 Name that Famous Person (SR) In Black History 2:00 Bingo (SR) 4:00 Armchair Travel (SR) 6:00 Chat w/ Friends (SR)	<b>NATIONAL PIZZA DAY 9</b> 10:00 Prayer Circle (SR) 10:30 Fit Fun (SR) 2:00 Make Pizza Rolls (SR) 4:00 Bible Study (SR) 6:00 Movies After Dark (SR)	10:00 Coffee N Conversations (SR) 10 10:30 Fancy Nails (SR) 2:00 Strawberry Hill (O) 4:00 Monopoly (SR) 6:00 Resident Choice (SR)	9:30 Sit N Stretch (SR) 11 10:30 Daily News (L) 2:00 Puzzle Fun (SR) 4:00 Visit A Neighbor (F) 6:00 Saturday Night Movie (L)
<b>SUPER BOWL SUNDAY 12</b> 9:30 Stretch It Out (SR) 10:30 Daily News (L) 2:00 Sunday School (SR) 4:00 Card Game (SR) 6:00 Western Movies (L)  <b>SUPER BOWL</b>	10:00 Mocha Monday (SR) 13 10:30 Movin N Groovin (SR) 2:00 Bingo (SR) 4:00 Bible Study (SR) 6:00 Visit w/ Friends (F)	<b>VALENTINE'S DAY 14</b> 10:00 Balloon Toss (SR) 10:30 Fit Fun (SR) 2:00 Valentine's Day Party (SR) 4:00 Monopoly (SR) 6:00 Listening to Music (F)  <b>Wear Red</b>  <small>Valentine's Day</small>	10:00 Sit N Stretch (SR) 15 10:30 Trip to the Dollar Store (O) 2:00 Bingo (SR) 4:00 Checkers (SR) 6:00 Chat w/ Friends (SR)	10:00 Prayer Circle (SR) 16 10:30 Fit Fun (SR) 2:00 Bad Moon Band (DR) 2:00 Birthday Party for the Month (DR) 4:00 Bible Study (SR) 6:00 Movies After Dark (SR)	10:00 Coffee N Conversations (SR) 17 10:30 Fancy Nails (SR) 2:00 Bingo (SR) 4:00 Monopoly (SR) 6:00 Resident Choice (SR)	9:30 Sit N Stretch (SR) 18 10:30 Daily News (L) 2:00 Puzzle Fun (SR) 4:00 Visit A Neighbor (F) 6:00 Saturday Night Movie (L)
9:30 Stretch It Out (SR) 19 10:30 Daily News (L) 2:00 Sunday School (SR) 4:00 Card Game (SR) 6:00 Western Movies (L)	<b>PRESIDENT'S DAY 20</b> 10:00 Mocha Monday (SR) 10:30 Movin N Groovin (SR) 2:00 Bingo (SR) 4:00 Bible Study (SR) 6:00 Visit w/ Friends (F)  <small>Presidents' Day</small>	<b>MARDI GRAS 21</b> 10:00 Balloon Toss (SR) 10:30 Fit Fun (SR) 2:00 Mardi Gras Social (SR) 4:00 Monopoly (SR) 6:00 Listening to Music (F)  <b>Wear Purple, Green, Gold</b>  <small>Mardi Gras</small>	10:00 Sit N Stretch (SR) 22 10:30 <b>Resident Council</b> (SR) 2:00 Bingo (SR) 4:00 Armchair Travel (SR) 6:00 Chat w/ Friends (F)  <small>Ash Wednesday</small>	<b>NATIONAL BANANA BREAD DAY 23</b> 10:00 Prayer Circle (SR) 10:30 Fit Fun (SR) 11:00 Arts N Crafts w/ Jeanett (SR) 2:00 Jeopardy (SR) 4:00 Bible Study (SR) 6:00 Movies After Dark (SR)	10:00 Coffee N Conversations (SR) 24 10:30 Fancy Nails (SR) 2:00 Cowpens Battleground Park (O) 4:00 Monopoly (SR) 6:00 Resident Choice (SR)	9:30 Sit N Stretch (SR) 25 10:30 Daily News (L) 2:00 Puzzle Fun (SR) 4:00 Visit A Neighbor (F) 6:00 Saturday Night Movie (L)
9:30 Stretch It Out (SR) 26 10:30 Daily News (L) 2:00 Sunday School (SR) 4:00 Card Game (SR) 6:00 Western Movies (L)	<b>NATIONAL STRAWBERRY DAY 27</b> 10:00 Mocha Monday (SR) 10:30 Movin N Groovin (SR) 2:00 Bingo w/ Strawberry Ice Cream (SR) 4:00 Bible Study (SR) 6:00 Visit w/ Friends (F)	10:00 Balloon Toss (SR) 28 10:30 Fit Fun (SR) 2:00 Wine and Cheese Social (SR) 4:00 Monopoly (SR) 6:00 Listening to Music (F)	 <p style="text-align: center;"><b>February 2023</b></p> <p style="text-align: center;">IN MY KISS. THAT'S WHERE I HIDE A THOUSAND WORDS OF LOVE FOR YOU, IN HOPES YOU'LL TASTE THEM ALL ONE BY ONE.</p> <p style="text-align: right;">SOULINKPOETRY</p>			

ALL ACTIVITIES ARE SUBJECT TO CHANGE