

November 2022

FT Free Time FL Front Lobby
CK Country Kitchen
DH Dining Hall
GR Game Room
TR Theater

ASHEBORO				TR Theater		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
* * * THANK YOU VETERANS * * *	All Events Are Subject to Change	9:00 FT Walking Club (Resident Led) 10:00 CK Chicken Soup for the Soul 10:30 CK Kitchen Creations 11:00 GR Nail Care 3:00 TR Chair Exercises 3:30 TR Grow a Mo Day: Iconic Mustaches 6:30 FT Evening Stroll	Wiser Wednesday 2 9:00 FT Walking Club (Resident Led) 10:00 CK Chicken Soup for the Soul 2:00 DH BINGO 3:00 TR Drumming Exercise 6:30 FT Evening Stroll	9:00 FT Walking Club (Resident Led) 10:00 DH Music with Boyd 11:00 CK Chicken Soup for the Soul 2:00 TR Movie 3:00 TR Chair Exercises 6:30 FT Evening Stroll	9:00 10:00 10:30 1	10:30 FT Brain Games/Word Finds 2:00 TR Nat King Cole Show: Happy Birthday Nat!! 4:00 FT Fun Facts Saturday 6:00 CK Table Puzzle Country Kitchen 6:30 FT Evening Stroll
Fall Back Day 6	7/11 Day 7	Trip to Southern Supreme 8	,9	10	Veterans Day 11	12
10:00 TR Church service (Spiritual Eldercare) 2:00 FT Walking Club 3:00 Relax with Reading 6:00 CK Table Puzzle/Brain	9:00 FT Walking Club (Resident Led) 10:00 CK Chicken Soup for the Soul 10:30 CK 7/11 Dice Game 3:00 TR Chair Exercises	9:00 FT Walking Club (Resident Led) 10:00 CK Chicken Soup for the Soul 10:30 CK Kitchen Creations (iced Coffee) 11:00 GR Nail Care	9:00 FT Walking Club (Resident Led) 10:00 CK Chicken Soup for the Soul 10:30 CK Thankful Humor 11:00 PH Resident Council Meeting	11:00 Thankful Door Tags Craft	9:00 FT Walking Club (Resident Led) 10:00 CK Chicken Soup for the Soul 11:00 Group Walking Club 2:00 DH Veteran's Day Social	10:30 FT Brain Games/Word Finds 2:00 CK Bible Study with Joan 4:00 FT Fun Facts Saturday Grace Kelly Day 6:00 CK Table Puzzle Country
Games 6:30 FT Evening Stroll	3:00 TR Chair Exercises 3:30 DH Music Monday 6:30 FT Evening Stroll	1:30 FL Southern Supreme 3:00 Chair Exercises 6:30 FT Evening Stroll	2:00 DH BINGO 3:00 TR Drumming Exercise 6:30 FT Evening Stroll	2:00 DH Music with Carol 3:00 TR Chair Exercises 3:30 TR Turkey Toss 6:30 FT Evening Stroll	2:00 DH Veteran's Day Social 3:00 DH BINGO 4:00 TR Drumming Exercise 6:30 FT Evening Stroll	Kitchen 6:30 FT Evening Stroll
3:00 FT Relax with Reading 6:00 CK Table Puzzle/Brain Games 6:30 FT Evening Stroll	9:00 FT Walking Club (Resident Led) 10:00 CK Chicken Soup for the Soul 11:30 FL Lunch out at Paw Paws 2:00 TR Chair Exercises 2:30 TR Movie Monday : Resident of the Month 4:00 FT Evening Stroll	9:00 FT Walking Club (Resident Led) 10:00 CK Chicken Soup for the Soul 10:30 CK Kitchen Creations:	10:30 CK Home Made Bread Day 2:00 DH BINGO 3:00 TR Drumming Exercise 6:30 FT Evening Stroll	9:00 FT Walking Club (Resident Led) 10:00 CK Chicken Soup for the Soul 10:30 CK Brain Games 2:00 DH Taste Test w/Tina 3:00 TR Chair Exercises 6:30 FT Evening Stroll	9:00 FT Walking Club (Resident Led) 10:00 CK Chicken Soup for the Soul 10:30 CK A Wild Turkey Tale 2:00 DH Bingo 3:00 TR Drumming Exercise 6:30 FT Evening Stroll	Sing A Song Saturday 10:00 CK Black Cats Facts 10:30 FT Brain Games/Word Finds 2:00 CK Bible Study with Joan 4:00 FT Fun Facts Saturday 6:00 CK Table Puzzle Country Kitchen 6:30 FT Evening Stroll
10:00 TR Church service (Spiritual Eldercare) 11:00 CK National Peanut butter fudge Day 2:00 FT Trip to Walmart 3:00 FT Relax with Reading 6:00 CK Table Puzzle/Brain Games 6:30 FT Evening Stroll	9:00 FT Walking Club (Resident Led) 10:00 Chicken Soup for the Soul 10:30 Old Fashion Thanksgiving 3:00 Chair Exercises 3:30 Music Monday: Songs about Gratitude 6:30 FT Evening Stroll	9:00 FT Walking Club (Resident Led) 10:00 CK Chicken Soup for the Soul 10:30 CK Kitchen Creations Pumpkin	9:00 Walking Club (Resident Led)	9:00 FT Walking Club (Resident Led) 10:00 FT Chicken Soup for the Soul 10:30 FT Macy's Thanksgiving Parade Hunt 2:00 FT Brain Games 3:00 TR Chair Exercises 6:30 FT Evening Stroll	9:00 FT Walking Club (Resident Led)	10:30 FT Brain Games/Word Finds 2:00 CK Bible Study with Joan 4:00 FT Fun Facts Saturday 6:00 CK Table Puzzle Country Kitchen Evening Stroll
10:00 TR Church service (Spiritual Eldercare) 2:00 FT Walking Club 3:00 FT Relax with Reading 6:00 CK Table Puzzle/Brain Games 6:30 FT Evening Stroll	9:00 FT Walking Club (Resident Led) 10:00 CK Chicken Soup for the Soul 10:30 CK Numbered Squares 11:00 CK Punny Business 3:00 TR Chair Exercises 3:30 DH Music Monday 6:30 FT Evening Stroll	9:00 Walking Club (Resident Led) 10:00 Chicken Soup for the Soul	9:00 FT Walking Club (Resident Led) 10:00 CK Chicken Soup for the Soul 10:30 FL Trip to Dollar Tree 2:00 DH BINGO 3:00 TR Drumming Exercise 3:30 GR Finish the Scene Painting 6:30 FT Evening Stroll		Be sure to sign-up the week prior to each event. Sigh-up sheets will be located outside Dining Hall a week before scheduled Activities/Events.	GATHER 8 GIVE THANKS