



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		 <b>HAPPY LABOR DAY</b>				
Grandparents Day 4	Labor Day 5	6	7	8	9	10
9:00 <span style="color: teal;">LR</span> Coffee & News ● 10:30 <span style="color: teal;">LR</span> St. Matthews Church Service ➤ 11:00 <span style="color: green;">CY</span> Fire dept. trip ← 1:30 <span style="color: red;">AR</span> Art with Cindy ♥ 2:00 <span style="color: green;">CY</span> Make your own sundae with grandchildren ★ 3:00 <span style="color: green;">CY</span> Gardening ♥ 6:30 <span style="color: blue;">OO</span> Talk and Walk ★	9:00 <span style="color: teal;">LR</span> Mindful Monday ➤ 10:30 <span style="color: red;">AR</span> Fit Body & Mind ← 11:30 <span style="color: red;">AR</span> Breathing Exercise ← 2:00 <span style="color: red;">AR</span> BINGO ★ 3:00 <span style="color: teal;">LR</span> Celebrations Activity Planning Meeting ★ 3:30 <span style="color: red;">AR</span> Technology Club ● 6:00 <span style="color: teal;">LR</span> Music with Nancy ♥	9:00 <span style="color: teal;">LR</span> Transforming Tuesday ➤ 10:00 <span style="color: blue;">DR</span> Flower Arrangement ♥ 10:30 <span style="color: blue;">DR</span> Dean&Diane Concert ★ 10:30 <span style="color: red;">AR</span> Fit Body & Mind ← 2:00 <span style="color: teal;">LR</span> Residents' Council Meeting ● 2:30 <span style="color: teal;">LR</span> Meet with The Chef ● 3:30 <span style="color: red;">AR</span> Chair Aerobics ← 6:30 <span style="color: red;">AL</span> Evening Stroll ←	9:00 <span style="color: teal;">LR</span> Coffee & News ● 10:30 <span style="color: blue;">OO</span> Park Outing ▼ 11:30 <span style="color: red;">AR</span> Drinking Game ← 2:00 <span style="color: teal;">LR</span> Turkish Belly dancing ★ 3:30 <span style="color: red;">AR</span> Trivia with Team Members ★ 6:30 <span style="color: green;">CY</span> Chat Under The Stars (@Gazebo) ★	9:00 <span style="color: teal;">LR</span> Thoughtful Thursdays ➤ 11:00 <span style="color: red;">AR</span> Exercise w/Ty ← 2:00 <span style="color: red;">AR</span> Hymn Singing with Renita ➤ 3:00 <span style="color: red;">AR</span> Brain Exercises ● 3:30 <span style="color: teal;">LR</span> Drum Circle w/Becky ♥ 4:00 <span style="color: red;">AL</span> Taik and Walk (NEW) ★ 6:00 <span style="color: green;">CY</span> Garden Meditation with Sherron ➤	9:00 <span style="color: teal;">LR</span> Coffee & News ● 10:00 <span style="color: teal;">LR</span> Pet Visit- Delillah ♥ 11:00 <span style="color: red;">AR</span> Mindfulness Exercise ➤ 2:00 <span style="color: teal;">LR</span> Visit to MC ♥ 2:30- 3:30 <span style="color: red;">AR</span> NALW party ♥ 2:30 <span style="color: red;">AR</span> Sip & Paint- Celebrating Summer ♥ 6:30 <span style="color: red;">AR</span> Movie Club ★	9:00 <span style="color: red;">AL</span> Walking Club ← 10:00 <span style="color: purple;">SR</span> Grace Life Church Service ➤ 10:00 <span style="color: teal;">LR</span> Music w/ Nancy ♥ 11:00 <span style="color: green;">CY</span> Garden Meditation ➤ 2:00 <span style="color: teal;">LR</span> Sips & Chips ★ 3:30 <span style="color: red;">AR</span> Games with Mariel ● 6:30 <span style="color: blue;">OO</span> Talk and Walk ★
11	12	13	14	15	16	17
9:00 <span style="color: teal;">LR</span> Coffee & News ● 10:30 <span style="color: teal;">LR</span> St. Matthews Church Service ➤ 11:00 <span style="color: green;">CY</span> Fire dept. trip ← 2:00 <span style="color: green;">CY</span> Make your own sundae with grandchildren ★ 3:00 <span style="color: green;">CY</span> Gardening ♥ 6:30 <span style="color: blue;">OO</span> Talk and Walk ★	9:00 <span style="color: teal;">LR</span> Mindful Monday ➤ 10:30 <span style="color: red;">AR</span> Fit Body & Mind ← 11:30 <span style="color: red;">AR</span> Breathing Exercise ← 2:00 <span style="color: red;">AR</span> BINGO ★ 3:30 <span style="color: red;">AR</span> Technology Club ● 6:00 <span style="color: teal;">LR</span> Music with Nancy ♥	9:00 <span style="color: teal;">LR</span> Transforming Tuesday ➤ 10:00 <span style="color: blue;">DR</span> Flower Arrangement ♥ 10:30 <span style="color: red;">AR</span> Fit Body & Mind ← 2:30 <span style="color: red;">AR</span> Serendipity Cafe ★ 3:30 <span style="color: red;">AR</span> Chair Aerobics ← 6:30 <span style="color: red;">AL</span> Evening Stroll ←	9:00 <span style="color: teal;">LR</span> Coffee & News ● 11:30 <span style="color: red;">AR</span> Drinking Game ← 2:00 <span style="color: purple;">SR</span> Health Talk with Erin ● 3:30 <span style="color: red;">AR</span> Trivia with Team Members ★ 4:00 <span style="color: teal;">LR</span> Men's Social ▼ 6:30 <span style="color: green;">CY</span> Chat Under The Stars (@Gazebo) ★	9:00 <span style="color: teal;">LR</span> Thoughtful Thursdays ➤ 11:00 <span style="color: red;">AR</span> Exercise w/Ty ← 1:30 <span style="color: red;">AR</span> Calvary Church Visit ➤ 3:00 <span style="color: red;">AR</span> Brain Exercises ● 3:30 <span style="color: teal;">LR</span> Drum Circle w/Becky ♥ 6:00 <span style="color: green;">CY</span> Garden Meditation with Sherron ➤	9:00 <span style="color: teal;">LR</span> Coffee & News ● 10:00 <span style="color: teal;">LR</span> Pet Visit- Delillah ♥ 11:00 <span style="color: red;">AR</span> Mindfulness Exercise ➤ 2:00 <span style="color: teal;">LR</span> Visit to MC ♥ 2:30- 3:30 <span style="color: red;">AR</span> NALW party ♥ 6:30 <span style="color: red;">AR</span> Movie Club ★	9:00 <span style="color: red;">AL</span> Walking Club ← 10:00 <span style="color: teal;">LR</span> Music w/ Nancy ♥ 11:00 <span style="color: green;">CY</span> Garden Meditation ➤ 2:00 <span style="color: teal;">LR</span> Sips & Chips ★ 3:30 <span style="color: red;">AR</span> Games with Mariel ● 6:30 <span style="color: blue;">OO</span> Talk and Walk ★
18	19	20	21	22	23	24
9:00 <span style="color: teal;">LR</span> Coffee & News ● 10:30 <span style="color: teal;">LR</span> St. Matthews Church Service ➤ 11:00 <span style="color: green;">CY</span> Fire dept. trip ← 2:00 <span style="color: green;">CY</span> Make your own sundae with grandchildren ★ 3:00 <span style="color: green;">CY</span> Gardening ♥ 6:30 <span style="color: blue;">OO</span> Talk and Walk ★	9:00 <span style="color: teal;">LR</span> Mindful Monday ➤ 10:30 <span style="color: red;">AR</span> Fit Body & Mind ← 11:30 <span style="color: red;">AR</span> Breathing Exercise ← 2:00 <span style="color: red;">AR</span> BINGO ★ 3:30 <span style="color: red;">AR</span> Technology Club ● 6:00 <span style="color: teal;">LR</span> Music with Nancy ♥	9:00 <span style="color: teal;">LR</span> Transforming Tuesday ➤ 10:00 <span style="color: blue;">DR</span> Flower Arrangement ♥ 10:30 <span style="color: red;">AR</span> Fit Body & Mind ← 12:00 <span style="color: blue;">OO</span> Restaurant Outing ★ 2:00 <span style="color: red;">AR</span> Food For Soul- Food Demonstration ♥ 2:00 Sip & Paint ★ 3:30 <span style="color: red;">AR</span> Chair Aerobics ← 6:30 <span style="color: red;">AL</span> Evening Stroll ←	9:00 <span style="color: teal;">LR</span> Coffee & News ● 10:30 <span style="color: red;">AR</span> Fit Body & Mind ← 11:30 <span style="color: red;">AR</span> Drinking Game ← 3:00 <span style="color: red;">AR</span> Turkish Belly Dancing (is back) ← 3:30 <span style="color: red;">AR</span> Trivia with Team Members ★ 6:30 <span style="color: green;">CY</span> Chat Under The Stars (@Gazebo) ★	9:00 <span style="color: teal;">LR</span> Thoughtful Thursdays ➤ 11:00 <span style="color: red;">AR</span> Exercise w/Ty ← 2:00 <span style="color: red;">AR</span> Food For Soul-Food Demonstration ♥ 2:30 <span style="color: teal;">LR</span> New Resident Social ★ 3:00 <span style="color: red;">AR</span> Brain Exercises ● 3:30 <span style="color: teal;">LR</span> Drum Circle w/Becky ♥ 6:00 <span style="color: green;">CY</span> Garden Meditation with Sherron ➤	9:00 <span style="color: teal;">LR</span> Coffee & News ● 10:00 <span style="color: teal;">LR</span> Inspirational Talk with Jannette ➤ 11:00 <span style="color: red;">AR</span> Mindfulness Exercise ➤ 2:00 <span style="color: teal;">LR</span> Visit to MC ♥ 2:30- 3:30 <span style="color: red;">AR</span> NALW party ♥ 6:30 <span style="color: red;">AR</span> Movie Club ★	9:00 <span style="color: red;">AL</span> Walking Club ← 10:00 <span style="color: teal;">LR</span> Music w/ Nancy ♥ 10:30 <span style="color: teal;">LR</span> NewLife Church Service ➤ 11:00 <span style="color: green;">CY</span> Garden Meditation ➤ 2:00 <span style="color: teal;">LR</span> Sips & Chips ★ 3:30 <span style="color: red;">AR</span> Games with Mariel ● 6:30 <span style="color: blue;">OO</span> Talk and Walk ★
25	26	27	28	29	30	
9:00 <span style="color: teal;">LR</span> Coffee & News ● 10:30 <span style="color: teal;">LR</span> St. Matthews Church Service ➤ 11:00 <span style="color: green;">CY</span> Fire dept. trip ← 2:00 <span style="color: green;">CY</span> Make your own sundae with grandchildren ★ 3:00 <span style="color: green;">CY</span> Gardening ♥ 6:30 <span style="color: blue;">OO</span> Talk and Walk ★	9:00 <span style="color: teal;">LR</span> Mindful Monday ➤ 10:30 <span style="color: red;">AR</span> Fit Body & Mind ← 11:30 <span style="color: red;">AR</span> Breathing Exercise ← 1:30 <span style="color: teal;">LR</span> Kind KARMA Monthly Yoga (NEW) ← 2:00 <span style="color: red;">AR</span> BINGO ★ 3:30 <span style="color: red;">AR</span> Technology Club ● 6:00 <span style="color: teal;">LR</span> Music with Nancy ♥	9:00 <span style="color: teal;">LR</span> Transforming Tuesday ➤ 10:00 <span style="color: blue;">DR</span> Flower Arrangement ♥ 10:30 <span style="color: red;">AR</span> Fit Body & Mind ← 2:00 <span style="color: green;">CY</span> Pamper Yourself SPA Special ▼ 2:00 <span style="color: red;">AR</span> Sip & Paint ★ 3:30 <span style="color: red;">AR</span> Chair Aerobics ← 6:30 <span style="color: red;">AL</span> Evening Stroll ←	9:00 <span style="color: teal;">LR</span> Coffee & News ● 10:30 <span style="color: green;">CY</span> Brian's Concert ★ 10:30 <span style="color: teal;">LR</span> Fit Body and Mind ← 11:30 <span style="color: red;">AR</span> Drinking Game ← 2:30 <span style="color: blue;">DR</span> Art Therapy w/Erin ♥ 3:30 <span style="color: red;">AR</span> Trivia with Team Members ★ 4:00 <span style="color: teal;">LR</span> Chair Yoga ← 6:30 <span style="color: green;">CY</span> Chat Under The Stars (@Gazebo) ★	9:00 <span style="color: teal;">LR</span> Thoughtful Thursdays ➤ 11:00 <span style="color: red;">AR</span> Exercise w/Ty ← 3:00 <span style="color: red;">AR</span> Brain Exercises ● 3:30 <span style="color: teal;">LR</span> Drum Circle w/Becky ♥ 4:00 <span style="color: teal;">LR</span> Stick Dance ← 6:00 <span style="color: green;">CY</span> Garden Meditation with Sherron ➤	9:00 <span style="color: teal;">LR</span> Coffee & News ● 10:00 <span style="color: red;">AL</span> Pet Visit- Delillah ♥ 11:00 <span style="color: red;">AR</span> Mindfulness Exercise ➤ 2:00 <span style="color: teal;">LR</span> Visit to MC ♥ 2:30- 3:30 <span style="color: red;">AR</span> NALW party ♥ 6:30 <span style="color: red;">AR</span> Movie Club ★	