

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

TerraBella Lake Norman

April 2022

The Spirit of Spring

Activities and locations are subject to change. Please refer to the daily schedule for updates.

<p>9:30am St. Therese Catholic Church Shuttle (O) 3</p> <p>10:00am Non-Denominational Church (CH)</p> <p>2:00pm Bingo (AR2)</p> <p>3:00pm Catchphrase (AR2)</p> <p>6:30pm Resident Run Scrabble (AR2)</p> <p>6:30pm Evening Movie (GR)</p>	<p>9:30am Walking Club(FD) 4</p> <p>10:00am Moving with Mike(GR)</p> <p>10:30am Morning Devotion(LIB)</p> <p>10:30am Bingo(AR2)</p> <p>10:30am Card Games(2nd Floor)</p> <p>2:00pm Balloon Volleyball(AR2)</p> <p>2:00pm Nails with Adriana(AR2)</p> <p>3:00pm Carol on Piano(AR2)</p> <p>3:00pm Craft(AR2)</p> <p>6:00pm Evening Movie (GR)</p>	<p>9:30am Walking Club(FD) 5</p> <p>10:00am Morning Exercise(AR2)</p> <p>10:30am Speaker Kesha with Kindred "Springing Forward with a New Spirit(AR2)</p> <p>2:00pm Ice Cream Social(AR2)</p> <p>3:00pm Team Trivia(AR2)</p> <p>6:00pm Evening Movie (GR)</p>	<p>9:30am Walking Club(FD) 6</p> <p>10:00am Tai Chi with Mike(AR2)</p> <p>10:30am First Baptist Church of Mooresville Outreach Choir Singing & Bells(AR2)</p> <p>10:30am Bingo(AR2)</p> <p>1:30pm Happy Hour(AR2)</p> <p>2:00pm Just Us Band(AR2)</p> <p>3:00pm Adult Coloring(AR2)</p> <p>6:00pm Evening Movie (GR)</p>	<p>9:30am Walking Club(FD) 7</p> <p>10:00am Morning Exercise(AR2)</p> <p>10:00am Shuttle to Walmart(O)</p> <p>10:30am First Baptist Church(AR2)</p> <p>2:00pm Music with David Domingo(AR2)</p> <p>3:30pm Hangman(AR2)</p> <p>6:00pm Evening Movie (GR)</p> <p>6:30pm Hand & Foot – Resident Lead(AR2)</p>	<p>9:30am Walking Club(FD) 8</p> <p>10:00am Moving with Mike(AR2)</p> <p>10:30am Bingo(AR2)</p> <p>11:30am Let's Get Out(O)</p> <p>2:00pm Bridge – Resident Lead(AR2)</p> <p>2:00pm Floral Arranging(AR2)</p> <p>3:00pm Board Games(AR2)</p> <p>3:00pm Singing Seniors(AR2)</p> <p>6:00pm Evening Movie (GR)</p> <p>6:30pm Dominos Mexican Train – Resident Lead(2nd floor)</p> <p style="text-align: center;">All Fools' Day</p>	<p>9:30am Walking Club (FD) 9</p> <p>10:00am Bible Study with Russ (AR2)</p> <p>2:00pm Art Class with Cindy(AR2)</p> <p>3:00pm Rummikub (AR2)</p> <p>3:00pm Corn Hole (GR)</p> <p>6:00pm Evening Movie (GR)</p> <p style="text-align: center;">Ramadan Begins</p>
<p>9:30am St. Therese Catholic Church Shuttle (O) 10</p> <p>10:00am Non-Denominational Church (CH)</p> <p>2:00pm Bingo (AR2)</p> <p>3:00pm Catchphrase (AR2)</p> <p>6:30pm Resident Run Scrabble (AR2)</p> <p>6:30pm Evening Movie (GR)</p> <p style="text-align: center;">Palm Sunday</p>	<p>9:30am Walking Club(FD) 11</p> <p>10:00am Moving with Mike(AR2)</p> <p>10:00am Morning Devotion(LIB)</p> <p>10:30am Bingo(AR2)</p> <p>10:30am Card Games(2nd Floor)</p> <p>2:00pm Nails with Adriana(AR2)</p> <p>2:00pm Balloon Volleyball(AR2)</p> <p>3:00pm Carol on Piano(AR2)</p> <p>3:00pm Crafts(AR2)</p> <p>6:00pm Evening Movie(AR2)</p>	<p>9:30am Tech Tuesday 12</p> <p>9:30am Walking Club(FD)</p> <p>10:00am Morning Exercise(AR2)</p> <p>10:30am Coffee & Conversation with Friends(AR2)</p> <p>11:00am Beading(AR2)</p> <p>2:00pm Ice Cream Social(AR2)</p> <p>3:00pm Team Catchphrase(AR2)</p> <p>6:00pm Evening Movie (GR)</p>	<p>9:30am Walking Club(FD) 13</p> <p>10:00am Tai Chi with Mike(AR2)</p> <p>10:30am Bingo with Beth of Hospice & Palliative Care of Iredell County(AR2)</p> <p>1:30pm Happy Hour(AR2)</p> <p>2:00pm Demo with Chef Mark(AR2)</p> <p>2:30pm Dining Council Meeting(AR2)</p> <p>3:00pm Corn Hole(AR2)</p> <p>6:00pm Evening Movie (GR)</p>	<p>9:30am Walking Club(FD) 14</p> <p>9:30am Richard's Coffee Shop(O)</p> <p>10:00am Morning Exercise(AR2)</p> <p>10:30am New Resident Meet & Greet / Interest Survey Coffee (AR2)</p> <p>2:00pm Shuttle to Food Lion(O)</p> <p>3:00pm Bruce the Story Teller(AR2)</p> <p>4:00pm Resident Council Meeting(AR2)</p> <p>6:00pm Evening Movie(AR2)</p> <p>6:30pm Hand & Foot – Resident Lead(AR2)</p>	<p>9:30am Walking Club(FD) 15</p> <p>10:00am Moving with Mike(AR2)</p> <p>10:30am Bingo(AR2)</p> <p>11:30am Let's Get Out(O)</p> <p>2:00pm Bridge – Resident Lead(AR2)</p> <p>2:00pm Easter Egg Decorating Contest(AR2)</p> <p>3:00pm Floral Arranging(AR2)</p> <p>6:00pm Evening Movie (GR)</p> <p>6:30pm Dominos Mexican Train – Resident Lead(2nd floor)</p> <p style="text-align: center;">Good Friday Passover Begins</p>	<p>9:30am Walking Club (FD) 16</p> <p>10:00am Bible Study with Russ (AR2)</p> <p>2:00pm Easter Egg Hunt</p> <p>3:00pm Rummikub (AR2)</p> <p>3:00pm Corn Hole(AR2)</p>
<p>9:30am St. Therese Catholic Church Shuttle (O) 17</p> <p>10:00am Non-Denominational Church (CH)</p> <p>2:00pm Bingo (AR2)</p> <p>3:00pm Catchphrase (AR2)</p> <p>5:00pm Easter Dinner(Dining)</p> <p>6:30pm Resident Run Scrabble (AR2)</p> <p>6:30pm Evening Movie (GR)</p> <p style="text-align: center;">Easter Sunday</p>	<p>9:30am Walking Club(FD) 18</p> <p>10:00am Moving with Mike(AR2)</p> <p>10:00am Morning Devotion(LIB)</p> <p>10:30am Bingo(AR2)</p> <p>10:30 Card Games(2nd Floor)</p> <p>2:00pm One Man Band(AR2)</p> <p>2:00pm Nails with Adriana(AR2)</p> <p>3:00pm Crafts(AR2)</p> <p>6:00pm Evening Movie(AR2)</p>	<p>9:30am Walking Club(FD) 19</p> <p>10:00am Morning Exercise(AR2)</p> <p>10:30am Coffee & Conversation with Friends(AR2)</p> <p>11:00am Crafts(AR2)</p> <p>2:00pm Ice Cream Social(AR2)</p> <p>3:00pm Chair Massage with Lori(AR2)</p> <p>3:00pm St. Therese Catholic Mass(Ch)</p> <p>6:00pm Evening Movie (GR)</p>	<p>9:30am Walking Club(FD) 20</p> <p>10:00am Tai Chi with Mike(AR2)</p> <p>10:30am Bingo(AR2)</p> <p>1:30pm Happy Hour(AR2)</p> <p>2:30pm Corn Hole(AR2)</p> <p>3:30pm Puzzles(AR2)</p> <p>3:30pm Book Club(LIB)</p> <p>6:00pm Evening Movie (GR)</p>	<p>9:30am Walking Club(FD) 21</p> <p>10:00am Shuttle to Target(O)</p> <p>10:00am Morning Exercise(AR2)</p> <p>10:30am Dog Therapy with Mavrick(AR2)</p> <p>10:30 Resident Activity Meeting(AR2)</p> <p>2:00pm Lake Norman State Park – Scavenger Hunt(O)</p> <p>3:00pm Name that Tune with Carol on the Piano(AR2)</p> <p>6:00pm Evening Movie (GR)</p> <p>6:30pm Hand & Foot – Resident Lead(AR2)</p>	<p>9:30am Walking Club(FD) 22</p> <p>10:00am Moving with Mike(AR2)</p> <p>10:30am Bingo(AR2)</p> <p>11:30am Let's Get Out(O)</p> <p>2:00pm Bridge – Resident Lead(AR2)</p> <p>3:00pm Board Games(AR2)</p> <p>3:00pm Singing Seniors(AR2)</p> <p>6:00pm Evening Movie (GR)</p> <p>6:30pm Dominos Mexican Train – Resident Lead(2nd floor)</p> <p style="text-align: center;">Earth Day</p>	<p>9:30am Walking Club (FD) 23</p> <p>10:00am Bible Study with Russ (AR2)</p> <p>2:00pm Bingo (AR2)</p> <p>2:00pm Matinee Movie & Popcorn (GR)</p> <p>3:00pm Rummikub (AR2)</p> <p>3:00pm Corn Hole (GR)</p>
<p>9:30am St. Therese Catholic Church Shuttle (O) 24</p> <p>10:00am Non-Denominational Church (CH)</p> <p>2:00pm Bingo (AR2)</p> <p>3:00pm Catchphrase (AR2)</p> <p>6:30pm Resident Run Scrabble (AR2)</p> <p>6:30pm Evening Movie (GR)</p>	<p>9:30am Walking Club(FD) 25</p> <p>10:00am Moving with Mike(AR2)</p> <p>10:00am Morning Devotion(LIB)</p> <p>10:30am Bingo(AR2)</p> <p>10:30 Card Games(2nd Floor)</p> <p>2:00pm Nails with Adriana(AR2)</p> <p>2:00pm Balloon Volleyball(AR2)</p> <p>3:00pm Carol on Piano(AR2)</p> <p>3:00pm Crafts(AR2)</p> <p>6:00pm Evening Movie(AR2)</p>	<p>9:30am Tech Tuesday 26</p> <p>9:30am Walking Club(FD)</p> <p>10:00am Morning Exercise(AR2)</p> <p>10:30am Coffee & Conversation(AR2)</p> <p>11:00am Word Puzzles(AR2)</p> <p>2:00pm Ice Cream Social(AR2)</p> <p>3:00pm Team Heads Up(AR2)</p> <p>5:00pm-7:30pm Patrick on Piano(AR2)</p>	<p>9:30am Walking Club(FD) 27</p> <p>10:00am Tai Chi with Mike(AR2)</p> <p>10:30am Bingo(AR2)</p> <p>1:30pm Happy Hour(AR2)</p> <p>2:30pm Corn Hole(AR2)</p> <p>3:30pm Adult Coloring(AR2)</p> <p>6:00pm Evening Movie (GR)</p>	<p>9:30am Walking Club(FD) 28</p> <p>9:30am Richard's Coffee Shop(O)</p> <p>10:00am Morning Exercise(AR2)</p> <p>2:00pm Shuttle to Target(O)</p> <p>2:00pm 2:00pm Rummikub(AR2)</p> <p>3:00pm Sing-A-Long with Carol on the Piano(AR2)</p> <p>6:00pm Evening Movie (GR)</p> <p>6:30pm Hand & Foot – Resident Lead(AR2)</p>	<p>9:30am Walking Club(FD) 29</p> <p>10:00am Moving with Mike(AR2)</p> <p>10:30am Bingo(AR2)</p> <p>11:30am Let's Get Out(O)</p> <p>2:00pm Bridge – Resident Lead(AR2)</p> <p>3:00pm Board Games(AR2)</p> <p>3:00pm Singing Seniors(AR2)</p> <p>6:00pm Evening Movie (GR)</p> <p>6:30pm Dominos Mexican Train – Resident Lead(2nd floor)</p> <p style="text-align: center;">Arbor Day</p>	<p>9:30am Walking Club (FD) 30</p> <p>10:00am Bible Study with Russ (AR2)</p> <p>2:00pm Flamingo Bingo with Trinity Baptist Church (AR2)</p> <p>3:00pm Rummikub (AR2)</p> <p>6:00pm Evening Movie(AR2)</p>

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

April 2022

“Be the change you want to see, it starts with you and me!”

					<ul style="list-style-type: none"> -Morning Inspiration -Friendship Circle - Sit and Be Fit -Flower Arrangements -Outdoor Exploring -Let's Play, with clay -Finish the Line <p style="text-align: right;"><small>All Fools' Day</small></p>	<p style="text-align: right;">1</p> <ul style="list-style-type: none"> -Bible Study W/ Russ -Balloon Toss -Activity Station (Sorting Colors) -Sunday Funnies -Afternoon Exercise -Patio Sitting <p style="text-align: right;"><small>Ramadan Begins</small></p>
<p style="text-align: right;">3</p> <ul style="list-style-type: none"> -Sunday Service (Virtual) -Balloon Toss -Activity Station (Coloring) -Sunday Funnies -Afternoon Exercise -Bingo 	<p style="text-align: right;">4</p> <ul style="list-style-type: none"> -Morning Coffee -Daily Chronicle -Sensory Stimulation -Name 5 -Autism Awareness Craft -Activity Stations -Men's Monday (Wood Craft) 	<p style="text-align: right;">5</p> <ul style="list-style-type: none"> -Bend and Stretch -Morning Motivation -Finish the Line -National Library Day -Let's Make Pizza -Activity Stations -Music W/ Meredith 	<p style="text-align: right;">6</p> <ul style="list-style-type: none"> -Morning Yoga -Daily Affirmations -National Walking Day -Women's Wednesday -Patio Stretching -Activity Stations (Outdoor) -DIY Kites 	<p style="text-align: right;">7</p> <ul style="list-style-type: none"> -Morning Exercise -Morning Walk -Let's Join Nature -Paint Like Picasso -Hand Massages -Patio & Tea -Nails by Savannah 	<p style="text-align: right;">8</p> <ul style="list-style-type: none"> Bend and Stretch -Morning Motivation -Finish the Line -Let's Make Cookies -Activity Stations -Flower Arrangements -Book Club (Patio) 	<p style="text-align: right;">9</p> <ul style="list-style-type: none"> -Bible Study W/ Russ -Kick Ball -Activity Station (Word Search) -Sunday Funnies -Afternoon Exercise -Patio & Music
<p style="text-align: right;">10</p> <ul style="list-style-type: none"> -Sunday Service (Virtual) -Balloon Toss -Activity Station (Bingo) -Sunday Funnies -Afternoon Exercise -Patio & Music <p style="text-align: right;"><small>Palm Sunday</small></p>	<p style="text-align: right;">11</p> <ul style="list-style-type: none"> -Morning Motivation -Sit and be Fit -Friendship Circle -National Pet Day -Men's Monday (Darts) -Music and Memories -Patio Bingo 	<p style="text-align: right;">12</p> <ul style="list-style-type: none"> -Bend and Stretch -Morning Motivation -Friendship Circle -National Library Day -Let's Paint Eggs -Activity Stations -Music W/ Meredith 	<p style="text-align: right;">13</p> <ul style="list-style-type: none"> - Morning Prayers -Daily Affirmations -National Walking Day -Women's Wednesday -Patio Planting -Outdoor Walk -Name 5 	<p style="text-align: right;">14</p> <ul style="list-style-type: none"> -National Laughter Day -Let's Make Audio Books -Tie Dye T-Shirts - Hand Massages -Name That Tune -Keep up W/ the Garden -Darts Social 	<p style="text-align: right;">15</p> <ul style="list-style-type: none"> -Bend and Stretch -Easter Stories -Easter Bunny/ Home School Group -Easter Egg Hunt Social -Afternoon Walk W/ The Easter Bunny <p style="text-align: right;"><small>Good Friday Passover Begins</small></p>	<p style="text-align: right;">16</p> <ul style="list-style-type: none"> -Bible Study W/ Russ -Balloon Noodle Ball -Activity Station (Coloring) -Sunday Funnies -Afternoon Exercise -Patio & Listening to Nature
<p style="text-align: right;">17</p> <ul style="list-style-type: none"> -Sunday Service (Virtual) -Balloon Toss -Activity Station (Word Search) -Sunday Funnies -Afternoon Exercise -Popcorn & Movie <p style="text-align: right;"><small>Easter Sunday</small></p>	<p style="text-align: right;">18</p> <ul style="list-style-type: none"> -Morning Motivation -Sit and be Fit -Friendship Circle -National Pet Day -Men's Monday (Pool) -Music + Memories -Makeup W/ Ashley 	<p style="text-align: right;">19</p> <ul style="list-style-type: none"> -Bend and Stretch -Morning Motivation -National Pajama Day -Poetry W/Hope -Let's Make Soap -Music W/ David -Kickball 	<p style="text-align: right;">20</p> <ul style="list-style-type: none"> - Daily News -Daily Affirmations -Priority One Exercise -National Walking Day -Women's Wednesday -Picnic at the Park -Aroma Therapy 	<p style="text-align: right;">21</p> <ul style="list-style-type: none"> -Priority One Exercise -Morning Motivation -Pottery Class (Virtual) -Music W/ Carol -Book Club (Library) -Nails W/ Ashley -Balloon Volleyball 	<p style="text-align: right;">22</p> <ul style="list-style-type: none"> -Priority One Exercise -Planet Exploration (Virtual) -Pottery Class -Flower Arrangements -Book Club (Library) -Story Time W/ Ashley <p style="text-align: right;"><small>Earth Day</small></p>	<p style="text-align: right;">23</p> <ul style="list-style-type: none"> -Bible Study W/ Russ -Balloon Toss -Activity Station (Bingo) -Sunday Funnies -Afternoon Exercise -Snack & Movie
<p style="text-align: right;">24</p> <ul style="list-style-type: none"> -Sunday Service (Virtual) -Balloon Toss -Activity Station (Flower Arrangements) -Sunday Funnies -Afternoon Exercise -Music & Relaxation 	<p style="text-align: right;">25</p> <ul style="list-style-type: none"> -Daily News -Bend and Move -Friendship Circle -History of DNA -Famous Faces -MC Picnic (Patio) -Men's Monday (Bingo) 	<p style="text-align: right;">26</p> <ul style="list-style-type: none"> -Bend and Stretch -Morning Motivation -Finish the Line -National Library Day -Let's Bake A Cake -Activity Stations -Music W/ Meredith 	<p style="text-align: right;">27</p> <ul style="list-style-type: none"> -Morning Coffee -Daily Affirmations -National Walking Day -Women's Wednesday -Patio Social (Ice Pops) -Afternoon Walk 	<p style="text-align: right;">28</p> <ul style="list-style-type: none"> -Morning Inspirations -Priority One Exercise -Daily Local News -National Poetry Reading Day -Hand Massages -Nails on the Patio -Interview W/ Dan 	<p style="text-align: right;">29</p> <ul style="list-style-type: none"> -Morning Coffee -Daily Prayers -Afternoon Walk -Arbor Day Cook Out -Plant A Tree (Lowes) -National Dance Day -Story Time W/ Savannah <p style="text-align: right;"><small>Arbor Day</small></p>	<p style="text-align: right;">30</p> <ul style="list-style-type: none"> -Bible Study W/ Russ -Balloon Volleyball -Activity Station (Puzzles) -Sunday Funnies -Afternoon Exercise -Patio Stretching