





| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|--|--|---|
|  <p>6</p> <p>9:30 CY Walking Club ▼ 10:30 LR St. Matthews Church Service ➤ 11:00 AR Puzzle Time ● 2:00 LR Coffee Social 3:00 AR Blanket Making Club ★ 6:30 CY Evening Strolls ←</p> |  <p>7</p> <p>9:30 CY Walking Club ▼ 10:30 AR Fit Body & Mind ← 11:30 AR Chair Volleyball ← 2:00 AR BINGO ★ 3:00 LR Celebrations Activity Planning Meeting ● 3:30 AR Technology Club (NEW) ● 6:30 CY Evening Strolls ←</p> | <p>Basketball Madness Begins 1</p> <p>9:30 CY Walking Club ▼ 10:00 DR Flower Arrangement 10:30 SR Fit Body & Mind ● 11:30 AR Chair Basketball ← 2:00 LR Residents' Council ● 2:30 AR Meet with the Chef ● 3:00 AR Mardi Gras Party ← 6:30 AL Evening Stroll ★</p> | <p>2</p> <p>9:30 CY Walking Club ▼ 10:00 LR Music w/ Bora (NEW) ♥ 10:30 AR Chair Yoga ← 11:30 AR Chair Soccer ← 2:30 AR Writing Club ● 6:30 CY Evening Stroll ←</p> | <p>3</p> <p>9:30 CY Walking Club ▼ 11:00 AR Exercise with Tay ← 11:30 AR Brain Work ● 3:00 LR Hymn Singing with Renita ➤ 4:00 LR Sharing Recovery Stories of NOLA ♥ 6:30 CY Evening Strolls ←</p> | <p>4</p> <p>9:30 CY Walking Club ▼ 10:00 LR Pet Visit- Delillah ♥ 11:30 AR Chair Yoga ← 2:30 AR Sip & Paint- Making St Patrick's Day Door Decorations ★ 3:30 AR News Club w/Emir ● 6:30 AR Movie and popcorn ▼</p> | <p>5</p> <p>9:30 CY Walking Club ▼ 10:00 LR GraceLife Church Service ➤ 10:45 AR Tai Chi ← 11:15 CY Bird Watching ▼ 2:30 LR Wine and Cheese Social ★ 3:30 AR Card Game Club ▼ 6:30 CY Evening Strolls ← 6:30 AL Evening Strolls ←</p> |
| <p>13</p> <p>9:30 CY Walking Club ▼ 10:30 LR St. Matthews Church Service ➤ 11:00 AR Puzzle Time ● 2:00 LR Coffee Social 3:00 AR Blanket Making Club ★ 6:30 CY Evening Strolls ←</p> | <p>14</p> <p>9:30 CY Walking Club ▼ 10:30 AR Fit Body & Mind ← 11:30 AR Chair Volleyball ← 2:00 AR BINGO ★ 3:30 AR Technology Club (NEW) ● 6:30 CY Evening Strolls ←</p> | <p>15</p> <p>9:30 CY Walking Club ▼ 10:00 DR Flower Arrangement 10:30 SR Fit Body & Mind ● 11:30 AR Chair Basketball ← 2:00 OO Dating (TBA) ★ 6:30 AL Evening Stroll ★</p> | <p>16</p> <p>9:30 CY Walking Club ▼ 10:00 LR Music w/ Bora (NEW) ♥ 10:30 AR Chair Yoga ← 11:30 AR Chair Soccer ← 12:00 OO Restaurant Outing ▼ 2:00 AR GOLD BINGO ★ 3:30 DR Jazz with Dean & Diane ▼ 6:30 CY Evening Stroll ←</p> | <p>17</p> <p>9:30 CY Walking Club ▼ 11:00 AR Exercise with Tay ← 11:30 AR Brain Work ● 1:30 AR Calvary Church Visit ➤ 2:30 LR New Resident Social ★ 6:30 CY Drum Circle w/Onur ➤</p> | <p>18</p> <p>9:30 CY Walking Club ▼ 10:00 LR Pet Visit- Delillah ♥ 11:30 AR Chair Yoga ← 2:00 AR Mindfulness Exercise ♥ 3:30 AR News Club w/Emir ● 6:30 AR Movie and popcorn ▼</p> | <p>19</p> <p>9:30 CY Walking Club ▼ 10:45 AR Tai Chi ← 11:15 CY Bird Watching ▼ 2:30 LR Wine and Cheese Social ★ 3:30 AR Card Game Club ▼ 6:30 CY Evening Strolls ← 6:30 AL Evening Strolls ←</p> |
| <p>20</p> <p>9:30 CY Walking Club ▼ 10:30 LR St. Matthews Church Service ➤ 11:00 AR Puzzle Time ● 1:30 AR Art Class with Cynthia ● 2:00 LR Coffee Social 3:00 AR Blanket Making Club ★ 6:30 CY Evening Strolls ←</p> | <p>Welderly Week Begins 21</p> <p>9:30 CY Walking Club ▼ 10:30 AR Fit Body & Mind ← 11:30 AR Chair Volleyball ← 2:00 AR BINGO ★ 3:30 AR Technology Club (NEW) ● 6:30 CY Evening Strolls ←</p> | <p>22</p> <p>9:30 CY Walking Club ▼ 10:00 DR Flower Arrangement 10:30 SR Fit Body & Mind ● 11:30 AR Chair Basketball ← 3:00 AR Face Yoga ← 6:30 AL Evening Stroll ★</p> | <p>Happy National Puppy Day 23</p> <p>9:30 CY Walking Club ▼ 10:00 LR Music w/ Bora (NEW) ♥ 10:30 AR Chair Yoga ← 11:30 AR Chair Soccer ← 2:00 DOG PARADE ♥ 3:30 AR Writing Club ● 6:30 CY Evening Stroll ←</p> | <p>24</p> <p>9:30 CY Walking Club ▼ 11:00 AR Exercise with Tay ← 11:30 AR Brain Work ● 2:00 AR Food For Soul-Food Demonstration ♥ 3:00 LR Drum Circle w/Sharron ➤ 6:30 CY Evening Strolls ←</p> | <p>25</p> <p>9:30 CY Walking Club ▼ 10:00 LR Inspirational Talk with Jannette ➤ 11:30 AR Chair Yoga ← 2:00 AR Mindfulness Exercise ♥ 3:30 AR News Club w/Emir ● 6:30 AR Movie and popcorn ▼</p> | <p>26</p> <p>9:30 CY Walking Club ▼ 10:30 LR NewLife Church Service ➤ 10:45 AR Tai Chi ← 11:15 CY Bird Watching ▼ 12:00 LR Ice Cream Social ★ 3:30 AR Card Game Club ▼ 6:30 CY Evening Strolls ← 6:30 AL Evening Strolls ←</p> |
| <p>27</p> <p>9:30 CY Walking Club ▼ 10:30 LR St. Matthews Church Service ➤ 11:00 AR Puzzle Time ● 2:00 LR Coffee Social 3:00 AR Blanket Making Club ★ 6:30 CY Evening Strolls ←</p> | <p>28</p> <p>9:30 CY Walking Club ▼ 10:30 AR Fit Body & Mind ← 11:30 AR Chair Volleyball ← 12:00 OO Restaurant Outing ▼ 2:00 AR BINGO ★ 3:30 AR Creative Corner ♥ 3:30 AR Technology Club (NEW) ● 6:30 CY Evening Strolls ←</p> | <p>29</p> <p>9:30 CY Walking Club ▼ 10:00 DR Flower Arrangement 10:30 SR Fit Body & Mind ● 11:30 AR Chair Basketball ← 2:00 CY Gardening ➤ 3:00 AR Face Yoga ← 6:30 AL Evening Stroll ★</p> | <p>30</p> <p>9:30 CY Walking Club ▼ 10:00 LR Music w/ Bora (NEW) ♥ 10:30 DR Brian's Concert ▼ 10:30 AR Chair Yoga ← 11:30 AR Chair Soccer ← 2:00 LR Chair Yoga ← 2:30 AR Writing Club ● 3:00 DR Art Therapy w/Erin ♥ 6:30 CY Evening Stroll ←</p> | <p>31</p> <p>9:30 CY Walking Club ▼ 11:00 AR Exercise with Tay ← 11:30 AR Brain Work ● 3:00 LR Drum Circle w/Sharron ➤ 4:00 LR Stick Dance ← 6:30 CY Evening Strolls ←</p> |  |  <p>HAPPY St. PATRICK'S DAY</p> |