

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

TerraBella Lake Norman 140 Carriage Club Drive Mooresville, NC 28117

January 2022

New Beginnings

9:30 Walking Club (FD)
 10:00am Bible Study with Russell (AR2)
 1:00pm Rose Bowl ESPN (GR)
 2:00pm Bingo (AR2)
 3:00pm Rummikub (AR2)
 3:30pm Corn Hole (GR)
 6:30pm Evening Movie (GR)

New Year's Day

<p>9:30am St. Therese Catholic Church Shuttle (O) 10:00am Non-Denominational Church Service (CH) 2:00pm Bingo (AR2) 3:00pm Balloon Volleyball 6:30pm Resident Lead Scrabble (AR2) 6:30pm Evening Movie</p>	<p>9:30 Walking Club (FD) 10:00am Moving with Mike (GR) 10:30am Bingo 11:30 Tech Monday 2:00pm Nail with Adriana (AR2) 3:00pm New Year's Journal (AR2) 4:00pm Group Puzzles (AR2) 6:30pm Evening Movie (GR)</p>	<p>9:30am Exercise (GR) 10:00am Walking Club (FD) 10:30am Speaker – Setting Goals (AR2) 2:00pm Ice Cream Social (GR) 3:00pm Carol on Piano (GR) 4:00pm Board Games (AR2) 6:30pm Evening Movie (GR)</p>	<p>9:30am Walking Club (FD) 10:00am Moving with Mike (GR) 10:30am Bingo (AR2) 2:00pm Just Us Band (GR) 3:00pm Corn Hole (GR) 4:00pm Arts & Crafts (AR2) 6:30pm Evening Movie (GR)</p>	<p>9:30am Richard's Coffee (O) 9:30am Exercise (GR) 10:00am Steps Walking Challenge with Bayada (GR) 2:00pm David Domingo (GR) 3:00pm Blanket Making (AR2) 4:00pm Puzzles with Friends (AR2) 6:30pm Hand & Foot – Resident Lead (AR2)</p>	<p>9:30am Exercise (GR) 10:00am Moving with Mike (GR) 10:30am Bingo (AR2) 11:30am Let's Go Out (O) 2:00pm Bridge (AR2) 2:00pm Flower Arranging (AR2) 3:00pm New Resident Interest Survey (2nd) 4:00pm Things that make me Laugh (AR2) 6:30pm Mexican Dominos Train– Resident Lead (2nd)</p>	<p>9:30am Walking Club (FD) 10:00am Bible Study with Russell (AR2) 2:00pm Bingo (AR2) 3:00pm Rummikub (AR2) 3:30pm Corn Hole (GR) 6:30pm Evening Movie (GR)</p>
<p>9:30am St. Therese Catholic Church Shuttle (O) 10:00am Non-Denominational Church Service (CH) 2:00pm Bingo (AR2) 3:00pm Balloon Volleyball 6:30pm Resident Lead Scrabble (AR2) 6:30pm Evening Movie</p>	<p>9:30 Walking Club (FD) 10:00am Moving with Mike (GR) 10:30am Bingo 2:00pm Nail with Adriana (AR2) 3:00pm Book Club Meeting (LIB) 4:00pm Hangman (AR2) 6:30pm Evening Movie (GR)</p>	<p>9:30am Exercise (GR) 10:00am Walking Club (FD) 10:30am Resident Activity Meeting (AR2) 2:00pm Ice Cream Social (GR) 3:00pm Carol on Piano (GR) 4:00pm Board Games (AR2) 6:30pm Evening Movie (GR)</p>	<p>9:30am Walking Club (FD) 10:00am Moving with Mike (GR) 10:30am Bingo 2:00pm Happy Hour (GR) 2:00pm Chef Demo (GR) 3:00pm Dining Council (GR) 4:00pm Arts & Crafts (AR2) 6:30pm Bowling with Bayada (O)</p>	<p>9:30am Shopping - Walmart (O) 9:30am Exercise (GR) 10:00am Walking Club (FD) 10:30am Speaker -Self Care for the New Year (AR2) 2:00pm Visit to Mooresville Library (O) 3:00pm Corn Hole (GR) 4:00pm Resident Council Meeting (AR2) 6:30pm Hand & Foot – Resident Lead (AR2)</p>	<p>9:30am Exercise (GR) 10:00am Moving with Mike (GR) 10:30am Bingo 11:30am Let's Go Out (O) 2:00pm Bridge (AR2) 2:00pm Flower Arranging (AR2) 3:00pm Name that Tune (GR) 4:00pm Birthday Committee (AR2) 6:30pm Mexican Dominos Train – Resident Lead (2nd)</p>	<p>9:30am Walking Club (FD) 10:00am Bible Study with Russell (AR2) 2:00pm Art with Cindy (AR2) 3:00pm Bingo (AR2) 3:30pm Corn Hole (GR) 6:30pm Evening Movie (GR)</p>
<p>9:30am St. Therese Catholic Church Shuttle (O) 10:00am Non-Denominational Church Service (CH) 2:00pm Bingo (AR2) 3:00pm Balloon Volleyball 6:30pm Resident Lead Scrabble (AR2) 6:30pm Evening Movie</p>	<p>9:30am Walking Club (FD) 10:00am Moving with Mike (GR) 10:30am Bingo 11:30 Tech Monday 2:00pm Nail with Adriana (AR2) 3:00pm Carol on Piano (GR) 4:00pm Catchphrase (AR2) 6:30pm Evening Movie (GR)</p>	<p>9:30am Exercise (GR) 10:00am Walking Club (FD) 10:30am Treasure Market (GR) 2:00pm One Man Band (GR) 3:00pm Catholic Mass with St. Therese (CH) 3:00pm Carol on Piano (GR) 4:00pm Board Games (AR2) 6:30pm Evening Movie (GR) 6:30pm Pool Tournament Night (2nd)</p>	<p>10:00am Moving with Mike (GR) 10:30am Bingo 10:30am New Resident Tea (AR2) 2:00pm Happy Hour (GR) 3:00pm Let's Mingle (AR2) 4:00pm Arts & Crafts (AR2) 6:30pm Evening Movie (GR)</p>	<p>9:30am Richard's Coffee (O) 9:30am Exercise (GR) 10:00am Walking Club (FD) 2:00pm Fusion Teen Center Visit (O) 3:00pm (Blanket Making (AR2) 4:00pm Afternoon Devotion (AR2) 5:00pm Italian Night (Dining Room) 6:30pm Hand & Foot – Resident Lead (AR2)</p>	<p>9:30am Exercise (GR) 10:00am Moving with Mike (GR) 10:30am Bingo 11:30am Let's Go Out (O) 2:00pm Bridge (AR2) 2:00pm Flower Arranging (AR2) 3:00pm Corn Hole (GR) 4:00pm Stock the Cabinet (O) 6:30pm Mexican Dominos Train – Resident Lead (2nd)</p>	<p>9:30 Walking Club (FD) 10:00am Bible Study with Russell (AR2) 2:00pm Bingo (AR2) 3:00pm Rummikub (AR2) 3:30pm Corn Hole (GR) 6:30pm Evening Movie (GR)</p>
<p>9:30am St. Therese Catholic Church Shuttle (O) 10:00am Non-Denominational Church Service (CH) 2:00pm Bingo (AR2) 3:00pm Balloon Volleyball 6:30pm Resident Lead Scrabble (AR2) 6:30pm Evening Movie</p>	<p>9:30am Walking Club (FD) 10:00am Moving with Mike (GR) 10:30am Bingo 2:00pm Nail with Adriana (AR2) 3:00pm Brain Teasers/Trivia (AR2) 4:00pm Meditation Time (AR2) 6:30pm Evening Movie (GR)</p>	<p>9:30am Exercise (GR) 10:00am Walking Club (FD) 10:30am Cookies and Tea (AR2) 2:00pm Ice Cream Social (GR) 3:00pm Carol on Piano (GR) 4:00pm Board Games (AR2) 6:30pm Evening Movie (GR)</p>	<p>9:30am Walking Club (FD) 10:00am Moving with Mike (GR) 10:30am Bingo 2:00pm Happy Hour (GR) 3:00pm Baking with Friends (AR2) 4:00pm Arts & Crafts (AR2) 6:30pm Evening Movie (GR)</p>	<p>9:30am Richard's Coffee (O) 9:30am Exercise (GR) 10:00am Walking Club (FD) 2:00pm Scenic Drive (O) 3:00pm Corn Hole (GR) 4:00pm Creative Writing / Coloring (AR2) 6:30pm Hand & Foot – Resident Lead (AR2)</p>	<p>9:30am Exercise (GR) 10:00am Moving with Mike (GR) 10:30am Bingo 11:30am Let's Go Out (O) 2:00pm Bridge (AR2) 2:00pm Flower Arranging (AR2) 3:00pm Family Feud Game (AR2) 4:00pm Afternoon Word of Prayer (AR2) 6:30pm Mexican Dominos Train – Resident Lead (2nd)</p>	<p>9:30am Walking Club (FD) 10:00am Bible Study with Russell (AR2) 2:00pm Bingo (AR2) 3:00pm Rummikub (AR2) 3:30pm Corn Hole (GR) 6:30pm Evening Movie (GR)</p>
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Martin Luther King Jr. Day

Activity Professionals Week

Activity times and locations are subject to change.